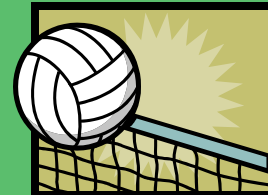


**ACAC 2009-10  
WOMEN'S & MEN'S VOLLEYBALL  
COACHES OF THE YEAR**



The Alberta Colleges Athletic Conference is pleased to announce the 2009-10 ACAC Coaches of the Year as selected by their ACAC coaching peers:

**WOMEN - Nolan Weinmaster  
Briercrest College Clippers**

**Nolan Weinmaster** is in his fourth year as the head coach of the Clipper women's volleyball team. In his tenure, he has worked hard to steadily improve the team's record, the past two seasons his team has earned berths to the first round of playoffs and this season, after an eight year absence, he helped his team earn a play-off berth to the ACAC Conference Final 8 volleyball Tournament. The on the floor results that Nolan is generating is the direct outcome of his commitment to become a level 5 leader and his buy-in to the "Champions win Championships" program being instituted through Briercrest Athletics.



Nolan is a graduate of Briercrest College and played four years of Clipper volleyball, becoming the team captain his last 2 seasons. He also played with Athletes in Action, taking one international tour with them. Nolan has worked hard to build key relationships in the volleyball community in Saskatchewan and Manitoba. He has coached the Moose Jaw club U14 girls, and has been the head instructor at the Clipper volleyball camp for several years. Nolan has a strong knowledge of the game, a gift for teaching and a passion to live his life and faith with purpose and intention. Originally from Yorkton, Saskatchewan, Nolan and his wife Chrissy now make Caronport their home.



**Congratulations Nolan on  
your award!**

**MEN - Shawn Sky  
Mount Royal University Cougars**

Returning only seven out of a possible 16 student-athletes, coach **Shawn Sky** has once again built the program into a perennial contender, attracting some of the top high-school and collegiate athletes to his program.



In the first half of the season, the Cougars compiled a 4-4 record, earning them a spot in the ACAC Provincial Division or "Provincial Pool". Since then, the team has been on a torrent streak, amassing 8 wins and only two losses, to claim second spot in the ultra competitive division. During that streak, the team won an outstanding 28 sets, while only dropping nine. During his six year tenure at Mount Royal, coach Sky has established a remarkable record of 94 wins and 32 losses in the regular season – a winning percentage of 75 %.

Coach Sky holds his Level 3 NCCP coaching certification and hopes his team members not only learn to be great athletes, but great people as well.

In addition to his coaching duties at Mount Royal, Sky is also an instructor in the Department of Physical Education and Recreation Studies at Mount Royal and also serves as an academic advisor to all of Mount Royal's student-athletes and Physical Education students.



**Congratulations Shawn on  
your award!**