

**For Immediate Release:
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ACAC 2008-09 MEN'S BASKETBALL COACHES OF THE YEAR



The Alberta Colleges Athletic Conference is pleased to announce the 2008-09 ACAC Coaches of the Year as selected by their ACAC coaching peers:

NORTH

Paul Sir, Concordia Thunder

Coach Paul Sir joined the Concordia coaching family in 2005-06 assisting with the men's team as they captured an ACAC bronze medal. He took over the program the following year and has used his extensive experience as a player and coach at amateur and professional elite levels



to guide the team to its best season ever finishing in 1st place in the North Division.

Paul creates an environment that encourages each student-athlete to achieve his full potential both on the basketball court and in the classroom.

Coach Sir has helped Concordia to excel among the elite of the ACAC through his tireless recruiting and solid mentorship of his student-athletes and has established a program that looks to be successful for years to come.

Paul also coaches the Edmonton Energy of the IBL and is the Executive Director of Basketball Alberta.

Congratulations Paul on your award!



SOUTH

Marc Dobell, Mount Royal College Cougars

Coach Marc Dobell, in his fifth season with the Cougars, helped lead the team to an outstanding 18-2 record and the No.1 seed in the South Division. Since Dobell took over the Cougars bench in 2004, the team has gone 86-18 in conference play, capturing two of the last three ACAC championships.



In addition to his team's first place standing, Dobell's Cougars' scored the second highest points per game in the Conference, while surrendering the fewest per game in the league. They also led the league in total rebounds and assists, a testament to how well rounded Dobell's group is.

Prior to his experience at Mount Royal, Dobell was the head coach for the NAIT Ooks basketball program, guiding the team to three consecutive ACAC championships and the Canadian Colleges Athletic Association (CCAA) National Championship in 2002-03. Coach Dobell has won the ACAC Coach-of-the-Year award four times in his ten-year career, along with two Basketball Alberta male Coach of the Year awards and one CCAA National Coach of the Year award.

Congratulations Marc on your award!

