

# GEORGE MCFADZEAN MEMORIAL CROSS COUNTRY RACES

## SATURDAY SEPTEMBER 26, 2009

N.B. do NOT make any entries in or changes to this worksheet; changes should be made to "runners" and "raw results" sheets only; unused rows or columns may be hidden

### 5 km results

Runner	Team	Bib#	Time	Place	GPrix	AUG	GPRC	SAIT	MAC	RDC	LC	NAIT	KC	CUCA	0	0	0	0	0	0	Pace/km
Jodi Sanguin	RDC	35	21:29	1	1					1											04:18
Gladys Kochei	LC	54	21:30	2	2						2										04:18
Winnie Cheptogok	LC	60	21:50	3	3						3										04:22
Purity Kandie	LC	61	21:56	4	4						4										04:23
Kathryn Stone	AUG	10	22:02	5	5	5															04:24
Brooke Willson	RDC	34	22:46	6	6					6											04:33
Melanie McCann	SAIT	39	23:05	7	7			7													04:37
Tegan Owens	SAIT	38	23:10	8	8			8													04:38
Rachel Schneider	LC	55	23:39	9	9						9										04:44
Kalli Green	AUG	11	24:22	10	10	10															04:52
Dixie Austin	MAC	20	24:28	11	11				11												04:54
Patricia Leighton	AUG	15	24:29	12	12	12															04:54
Florence Kangogo	LC	59	24:30	13	13						13										04:54
Melissa Cable	RDC	37	24:35	14	14					14											04:55
Meagann Johnston	LC	58	24:42	15	15						15										04:56
Jenna Hall	NAIT	66	24:45	16	16							16									04:57
Jennifer Pomerleau	LC	57	24:54	17	17						17										04:59
Jessica Friesen	RDC	29	24:55	18	18					18											04:59
Alicia Hurley	AUG	8	25:05	19	19	19															05:01
Krystal Speed	MAC	23	25:09	20	20				20												05:02
Amelia Terlecki	MAC	24	25:13	21	21				21												05:03
Lauren Brookes	AUG	14	25:17	22	22	22															05:03
Shara Harke	AUG	19	25:23	23	23	23															05:05
Siobhan Gallivan	GPRC	47	25:25	24	24		24														05:05
Reba Murphy	AUG	12	25:41	25	25	25															05:08
Nelda Plante	GPRC	44	25:47	26	26		26														05:09
Jennifer Paterson	AUG	3	25:52	27	27	27															05:10
Franzisak Bossart	MAC	22	26:02	28	28				28												05:12
Robyn Braconnier	CUCA	72	26:05	29	29									29							05:13
Sarah Boschman	MAC	21	26:26	30	30				30												05:17
Sonya Bodner	GPRC	43	26:42	31	31		31														05:20
Kate Blackett	RDC	52	26:43	32	32					32											05:21
Sarah Friesen	SAIT	42	26:48	33	33			33													05:22
Melissa Schultz	NAIT	68	26:53	34	34							34									05:23
Melissa Christenson	NAIT	70	27:00	35	35							35									05:24
Kelsey Ward	MAC	25	27:04	36	36				36												05:25
Amanda Matier	GPRC	48	27:14	37	37		37														05:27
Crystal Jensen	NAIT	71	27:19	38	38							38									05:28
Elyse Richards	RDC	30	27:25	39	39					39											05:29
Rebecca Fuller	RDC	26	27:26	40	40					40											05:29
Linnea Saltel	GPRC	50	27:45	41	41		41														05:33
Megan Crawley	GPRC	46	27:49	42	42		42														05:34
Alison Bortolon	AUG	18	27:56	43	43	43															05:35
Carina Ness	GPRC	73	28:03	44	44		44														05:37
Rebecca Gano	AUG	64	28:18	45	45	45															05:40
Breanne Soehn	RDC	33	28:38	46	46					46											05:44
Robyn Bonnar	GPRC	45	28:39	47	47		47														05:44
Mika Place	RDC	32	29:04	48	48					48											05:49
Kajsa Beck	AUG	17	29:10	49	49	49															05:50
Amanda Santarosa	GPRC	51	29:28	50	50		50														05:54
Carly Pura	GPRC	49	29:38	51	51		51														05:56
Layla Thorvaldson	RDC	28	29:42	52	52					52											05:56
Lisa Ramsay	KC	62	32:05	53	53								53								06:25
Jennifer Chepkoech	LC	56	32:06	54	54						54										06:25
Kayla Beaulieu	RDC	31	32:16	55	55					55											06:27
Kalee Almborg	RDC	27	33:25	56	56					56											06:41
Kelsey Muldoon	SAIT	40	36:47	57	57			57													07:21
Chetna Saran	KC	63	42:07	58	58									58							08:25

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above this one, paste copied row into inserted rows, protect worksheet

# of runners scoring	58	58	11	10	4	6	12	8	4	2	1	0	0	0	0	0	0	0	0	0
total best 4 runners			46	118	105	80	39	18	123											
rank on best 4 runners			3	6	5	4	2	1	7											
total best 3 runners			27	81	48	52	21	9	85											
rank on best 3 runners			3	6	4	5	2	1	7											
total best 3 women+best 3 men			44	140	153	166	56	15	186											
rank on best 3 women and men			2	4	5	6	3	1	7											
			AUG	GPRC	SAIT	MAC	RDC	LC	NAIT	KC	CUCA	0	0	0	0	0	0	0	0	0

note: ACAC team scores based on Gprix placing, whereas open and hs team scores based on overall placing