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alberta colleges
athletic conference

"Combining Athletic & Academic Achievement"

Cover

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ACAC MISSION STATEMENT

The ACAC is the governing body for intercollegiate athletics in Alberta. Its mission is to foster the development of the student-athlete through the administration and promotion of intercollegiate athletics as part of the education and provide a leadership role in the development of sport in Alberta.

The ACAC is a non profit society and has been incorporated under the Societies Act of Alberta since 1981. The ACAC was formed in 1964 as the Western Inter-Collegiate Conference (WICC).

This newsletter is an internal publication of the ACAC which is distributed three times annually (November, January and April) to the member institutions of the ACAC. The opinions expressed in this newsletter are not necessarily those of the officers, employees or members of the ACAC. Individuals or organizations interested in this publication may request a rate schedule.

If you wish to submit an article for the next newsletter please send it to the ACAC at office@acac.ab.ca. Articles may be edited due to space restrictions.

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**SPECIAL THANKS TO
ACAC SPONSORS**

ACAC PRESIDENT'S MESSAGE

Submitted by Allan Ferchuk, ACAC President

It is my distinct pleasure to welcome all ACAC participants and college sport stakeholders to this 39th year of ACAC operations. Those of us that comprise the ACAC Council are very proud of our conference, and the role it plays within each of our institutions provincially and nationally.

Our conference, in conjunction with our partners; the Alberta Sport Recreation Parks and Wildlife Foundation, provincial sport organizations and provincial officials associations provides exceptional sporting and educational opportunities for more than eighteen hundred student-athletics annually.

In addition our conference members have a tremendous input on sport development for youth, coaches and officials throughout the scope of our province. Through summer camps, school, club activities and tournaments and community sport clinics, our ACAC athletic directors and their staff provide a key cog in providing opportunities for sport and wellness within our communities.



I would like to publicly thank our corporate partners for their support, many of whom are noted in this newsletter, and ask our stakeholders to support them whenever possible. To our ACAC student-athletes and team staff, I wish each of you a most fulfilling and successful year. The goals of the ACAC can be easily represented in the quote:

“The real victory comes not from being better than others, but by being better than we were”

David Bly, Calgary Herald
Fall, 2005

ACAC SOUTH REGIONAL GOLF QUALIFIER

Submitted by Tim Tollestrup, LCC Athletic Director

Perfect weather and superb course conditions set the stage for great golf and excellent scores at the South Regional golf qualifier. Participating schools included Lethbridge Community College, Mount Royal College, University of Calgary, Red Deer College and Olds College. A total of 43 golfers competed over the two day event hosted at Paradise Canyon Golf Resort in Lethbridge.



Men's teams identified five players and best four of five scores were taken to tabulate final scores. Women's teams consisted of three players with the two best scores counting.

The top three teams in the ladies team event were Mount Royal (325), the University of Calgary (369) and Red Deer College (390). First day low gross went to Mount Royal's Lecara Kreise, who shot 79. Second day low gross went to another Mount Royal golfer, Kim Valleau, who also shot 79.

The top three finishers in the mens team event went to Lethbridge Community College (576), Mount Royal (586), and the University of Calgary (592). Low gross on the first day went to Lethbridge Community College's golfer Casey Johnson who shot 3 under par. Second day low gross went to another Lethbridge Community College golfer Brendan Peacock, who shot two under par.

These top three finishing schools advanced to the ACAC Championships hosted by NAIT at the Red Tail Landing Golf Club, September 30 - October 1, 2005.

SOUTHERN TEAMS DOMINATE ACAC GOLF CHAMPIONSHIPS

Submitted by Gregg Meropoulos, NAIT Athletic Director



Given the weather they have had this summer in southern Alberta, the teams from the University of Calgary, Mount Royal College and Lethbridge Community College must have felt right at home in the rain as they slogged through the final 18 holes of the 36 hole, ACAC Golf Championships at Red Tail Landing, September 30 - October 1. NAIT hosted the event at Red Tail Landing for the first time and the course proved to be more than enough of a challenge for the college golfers.

Day One

Blue skies and a steady wind greeted the 50 golfers representing eight colleges who teed it up in day one action for the 2005 ACAC Championships.

Men's Results

The day was highlighted by some outstanding shot-making led by U of C's Mark Rice who came in with a two under par 70 followed by NAIT's Casey Clifton, who carded a par 72 and Mount Royals Rob Heynen who turned in a 73.

Men's Team results after day one:	U of C	293
(Best four of five scores)	LCC	301
	MRC	306
	NAIT	312
	CUCA	330
	LC	346

Women's Results

While the women's field was much smaller, it featured two times ACAC Gold Medalist, Kim Valleau of Mount Royal. She did not disappoint the gallery turning in a round of 77 and an eight shot lead over teammate Lecara Kreise, with U of C's Karla Gustafson carding an 88.

Women's Team results after day one:	MRC	162
(Best two of three scores)	U of C	
180		
	CUCA	
196		

Day Two

The final round was played under some extremely challenging conditions, a steady rain, with temperatures about 5 degrees Celsius and a wind that chilled the golfers to the bone. In true prairie fashion, the teams rose to the challenge and completed the final round in respectable fashion.



ACAC GOLF CHAMPIONSHIPS Continued

Men's Final Round Results

While second round scores were generally higher the cold weather did little to cool off the competition in the closest finish ever in ACAC men's competition.

In team competition, the Dinos from the U of C and the Kodiaks from LCC battled to the final hole with the Dino's earning the gold by one shot over LCC and 13 shots over the bronze medalists MRC. Mark Rice carded a 74 and won the men's individual title with a two day total of 144, besting by four shots, Casey Johnson from LCC who tied for the lowest round of the day with a 73. Coming in third in a tight battle was Darcy MacDonald from MRC.



Final Men's team Results

1 U of C	293	312	605
2 LCC	301	305	606
3 MRC	306	312	618
4 NAIT	312	337	649
5 CUCA	330	343	673
6 LC	346	368	715

Women's Final Round Results

Mount Royal College cruised home taking the team title, with U of C and CUCA claiming Silver and Bronze respectively. Kim Valleau won her third consecutive individual title by turning in another outstanding round of 77 to finish with a two hole total of 154. She was followed by her teammate, Lecara Kreise and U of C's Karla Gustafson, who claimed silver and bronze medals respectively.

Final Women's team Results

1 MRC	162	163	325
2 U of C	180	188	368
3 CUCA	196	202	398



A complete record of scoring can be found on the ACAC website: www.acac.ab.ca

Thanks go out to the Red Tail staff, for their hospitality during the two day event and to NAIT's Golf Coach, Jules Owchar and NAIT's Marketing and Promotions Coordinator, Mike Stefan for making the event run so smoothly. The 2006 Championships are scheduled to be hosted by Olds College.

ACAC SOCCER ATHLETE PROFILES: AMANDA WEBER, GPRC WOLVES

Submitted by Francois Fournier, GPRC Athletic Director

11 Amanda Weber – Grande Prairie Wolves

Sports: Women's Soccer and Women's Basketball

Age: 23 **Hometown:** Edmonton, AB **Height:** 5'8

Position: Forward **Program:** Bachelor of Physical Education/Education Combined

Year: 4

Every once in a while an athlete comes along who becomes an inspiration, provides you with that good feeling that you are doing things for the right reasons, and motivates you to do more. All this happens because the athlete is an exceptional person...such is the case with Amanda Weber.

Amanda is a member of two GPRC Wolves teams - Women's Soccer and Women's Basketball - and she excels in both. Although she came to GPRC as a basketball player, her awards are coming from her time on the soccer pitch. In her first year as an ACAC soccer player she received first team All-Conference status and was a nominee for the GPRC Wolves Female Athlete of the Year.

The journey to GPRC took on a different road as Amanda ventured to New Zealand after high school. She spent the better part of 2001 in New Zealand where she played soccer in the Premier League for the Ellerslie Team. That proved to be a highlight of her sport career to date. Perhaps it was there that her desire to play in a more competitive soccer environment was fueled. That desire was held dormant for a short period though.

When Amanda began playing basketball for the GPRC Wolves, there was no soccer program in place. The initial season was primarily an indoor program only in preparation for GPRC acceptance into the ACAC league. It was during this time that Coach Robin Watson found out about Amanda's soccer talent.

With some very good cooperation from then Women's Basketball Coach Joel Mueller, Amanda began her career in ACAC soccer. She became a leader of the program both on and off the field, and gave the program instant credibility. Her abilities were recognized by the ACAC as she was awarded to the ACAC



All-Conference team. Her leadership did not end with the soccer season though. It carried on to the basketball court leading the team to a solid second half finish.

It is easy to speak of an athlete's accomplishments on the field of play; the area that sometimes sets the

athlete apart is what they do off the field. In this case, Amanda shines even more. She maintains a 3.4 GPA despite her heavy two sport schedule. She has taken on the role of

President of the Students of Physical Education, Athletics and Kinesiology (SPEAK) Association and in her two years in the role has turned the organization into a thriving student-minded group. The activities do not include just activities for the students but involve the students in community programs such as KidSport.

There is no doubt about the competitiveness Amanda has for her athletic endeavours. What becomes evident is that this competitiveness takes on every aspect of her life. Her academic standing, her involvement in community programs, in her relationships with family and friends and her desire to make the world a better place. In addition, she demonstrates high integrity, a compassion for her team mates and colleagues and a wonderful personality.

Amanda's long-term ambition is to teach and coach in the school system. Prior to "settling down" in those roles, though she will spend some time traveling and seeing other parts of the world. There may be a "playing" role somewhere in those travels but that is not the driving motivation. The motivation is simply to travel, hang out and maybe play a little soccer.

The goal of the GPRC Wolves Athletic Program is "to set an environment where one can achieve or surpass their potential as an athlete/coach and as a person". Amanda has not just been a participant in this, she has helped set a new standard. It becomes easy to see why she is the "Pride of the Wolves".



ACAC SOCCER ATHLETE PROFILES: SINISA MATIC, NAIT OOKS

Submitted by Trevor Elliott, NAIT

“Be true to yourself and others around you,” says Sinisa Matic. “Try your best in achieving them and never give up.”

True to himself was the 32 year old Matic. A new addition to the Ooks soccer squad, this season, the star soccer athlete has had to fight long and hard to get to where he is today. Matic was born and raised in

Prijedor, Bosnia and Herzegovina, a small town in northwest Bosnia with population of approximately 100,000 before civil war.

The Ooks forward began playing soccer when he was seven and at age of 18 became a professional soccer player for second-division Yugoslavian team, Rudar. In 1992, at age 19, Matic left the war-torn country and his family settled, temporarily, in Germany. During the 1992-93 season, the forward played for third division SC Norderstedt and then TBundesliga. He then completed his European career with fourth division Rasensport Elmshorn, who he was with for the 1994-97 seasons.

With the state of his native country, his return was not possible. At that time, he and his family applied to come to Canada as Canada was one of three countries that allowed refugees from the former Yugoslavia. A former neighbor suggested the family come to Edmonton. “Later on, the time proved that moving to Edmonton was right decision for us.”

In Edmonton, Matic played the 1998-2003 seasons with Victoria Soccer Club who won Nationals in Toronto in 2001. The athlete began his college career in 2000-2001 with the Concordia University College of Alberta. The ACAC athlete was named an all-star at nationals in Vancouver. Most recently, Matic was a member of the Gold Medal World Master’s Games team that competed in the age 30-37 class.

Matic is 32 and married to his wonderful wife, Nerma. Together, the couple has a beautiful 3 year-old daughter, Ema. “As any sport, so does soccer take lots of time and sacrifice,” says Matic. “Especially now when I am in school, the days seem to be shorter than usual. But I’ve

learned to set priorities and make compromises so that everything falls into place. My family, school, and my soccer all have their place. Certainly, that would not be possible without unconditional support of my wife who does my chores so I have the necessary time to study and practice.”



“I have lots to thank to soccer. I have traveled a lot, seen many places that I probably would never seen, met many interesting people, made lifelong friendships, learned new languages. Athletics has also taught me to have discipline and patience, which I hope made me better person than I was 14 years ago.”

“When I look back on to my soccer career there are some things that could have been done differently, but there is a thing called destiny, so mine right now is to play for Ooks which gives me enormous pleasure. The coaching staff is very professional and my teammates are a great bunch of guys.”

“During the short time the NAIT squad has been together (since mid-August), Sinisa has made a massive impression on the players and coaches,” says Ooks Head Coach Graham Wood. “His ability to play the game at a high level is well known throughout (Alberta) and he is respected for it. As the head coach at NAIT obviously I am extremely pleased he is bringing his talents to the college.”

“He is a prolific goal-scorer,” says Wood. “He has an ability to control and manipulate the ball under pressure, and create opportunities for other players to score.”

“What has impressed me more than anything, though, is his obvious love of the game and commitment to practice. His natural leadership is having a great effect on the younger players and, when coaching them, I often refer to his ability “off the ball” to make space for himself.

“Off the field Sini is a classy gentleman,” says Wood. “approachable and always looking to help the other players”.

As for his goals right now, they are very simple: “to finish my education, get my welding ticket and help the Ooks reach Nationals. Time will tell how close am I in achieving my goals. I just have to study hard and play hard and results will come.”

Some words of wisdom that Matic would like to share with his fellow students: “set reasonable goals. There is no shame in losing, but losing without fight is unacceptable.”



MACEWAN WOMEN & NAIT MEN HEAD OUT TO CCAA SOCCER NATIONALS

Submitted by Stéphanie Legault, CCAA Coordinator of Marketing and Media Relations

From November 9-12, Langara College will host the 2005 Big Kahuna/Adidas Canadian Colleges Athletic Association (CCAA) National Soccer Championships. Langara will once again welcome the country's best female and male soccer players in hopes to build on the success of the last CCAA Soccer Championships, which they hosted in November 2000.

"The organizing committee has been working extremely hard to ensure that everything in place for what we know will be a spectacular four days of soccer", says Clayton Munro, Director of Athletics & Intramurals and Tournament Chair. "We are all in great anticipation to find out which teams will win their respective conferences and thus be competing for the coveted Men's and Women's National Soccer Titles!"

The 2005 Big Kahuna/Adidas Canadian Colleges Athletic Association (CCAA) National Soccer Championships features the top six men's and the top six women's soccer teams in Canada:

Men's Draw

1. Northern Alberta Institute of Technology (NAIT) – Edmonton, Alberta (ACAC)
2. Algonquin College – Ottawa, Ontario (OCAA)
3. Champlain Regional College – St. Lambert, Québec (FQSE)
4. Douglas College – New Westminster, British Columbia (BCCAA)
5. University of New Brunswick Saint John – Saint John, New Brunswick (ACAA)
6. Langara College – Vancouver, British Columbia (BCCAA)

Women's Draw

1. Collège François-Xavier-Garneau – Québec, Québec (FQSE)
2. Grant MacEwan College – Edmonton, Alberta (ACAC)
3. Mount Saint Vincent University (MSVU) – Halifax, Nova Scotia (ACAA)
4. Fanshawe College – London, Ontario (OCAA)
5. Langara College – Vancouver, British Columbia (BCCAA)
6. Thompson Rivers University (TRU) – Kamloops, British Columbia (BCCAA)

The 5-day event begins on Tuesday, November 8th with the CCAA All Canadian Awards Banquet beginning at 6:30PM at the Hilton Vancouver Metrotown. The competition kicks off on Wednesday, November 9th and runs through Saturday, November 12th. All games will be played at the Burnaby Lake Sports Complex. The schedule is as follows:

Wednesday, November 9th

Women's Draw

10:30 AM Grant MacEwan VS Langara (Host)
1:00 PM F.-X.-Garneau VS TRU

Men's Draw

10:30 AM Algonquin VS Langara (Host)
1:00 PM NAIT VS UNBSJ

Thursday, November 10th

Women's Draw

10:30 AM MSVU VS TRU
1:00 PM Fanshawe VS Langara (Host)

Men's Draw

10:30 AM Champl. St. Lambert VS Langara (Host)
1:00 PM UNBSJ VS Douglas

Friday, November 11th

Women's Draw

9:30 AM Grant MacEwan VS MSVU
1:30 PM F.-X.-Garneau VS Fanshawe

Men's Draw

11:30 AM Algonquin VS Champl. St. Lambert
3:30 PM NAIT VS Douglas

Saturday, November 12th

Women's Draw

9:00 AM 5th place VS 6th place
11:00 AM Bronze Medal
1:30 PM Gold Medal

Men's Draw

9:00 AM 5th place VS 6th place
11:00 AM Bronze Medal
4:00 PM Gold Medal

Langara College is pleased to bring you the latest news, results and developments within the 2005 Big Kahuna/Adidas CCAA National Soccer Championships on their official website – <http://www.langara.bc.ca/soccernats/>.

The CCAA and the Host Organizing Committee would like to thank our national sponsors for their support and efforts in making this Championship possible, including Big Kahuna Sports Co. – Official Retailer of the CCAA, Adidas-Salomon – Official Soccer Ball (Roteiro Grande Stade) and Sport Canada.



ACAC ALL-CONFERENCE MEN'S & WOMEN'S SOCCER TEAMS 2005-06

WOMEN

FORWARDS

Julie Cook, MRC
Lauren Croxford, MacEwan
Amanda Weber, GPRC

MIDFIELDERS

Stacey Dahlbeck, CUCA
Chalsey Dulle, MHC
Raeleigh Hall, RDC
Katie Thomson, MRC

WOMEN

DEFENDERS

Clare Briton, MacEwan
Stacey Delure, MRC
Jaclyn Dudas, LCC

GOALTENDER

Amanda Mawanay, CUCA

MEN

FORWARDS

Ammon Hoefs, MacEwan
Sinisa Matic, NAIT
Chris Tilleman, MRC

MIDFIELDERS

Daniel Drummond, CUCA
Waldo Dutra, NAIT
Flemming Krogh, MRC
Michael Ortega, SAIT

MEN

DEFENDERS

Vicente Bustamante, RDC
Will Hearn, KC
Mark Northover, MRC

GOALTENDER

John Hawreliak, CUCA

ACAC MEN'S & WOMEN'S SOCCER COACHES OF THE YEAR 2005-06

The Alberta Colleges Athletic Conference is pleased to announce the winners as selected by their ACAC Coaching peers as follows:

WOMEN'S SOCCER

Robin Watson

Grande Prairie Regional College

GPRC Wolves coach, Robin Watson, is only in his second year of coaching in the ACAC. Coach Watson led his team to a third place finish in the North Division. The team did occupy the first place position for a three week period. His record of 6 wins, 5 losses and 1 tie far surpassed his 2004 year which saw the team struggle for competitiveness.



Coach Watson, although new to the ACAC, has had an extensive career in soccer. He has played all his life including seven years in the Alberta Major Soccer League.

Besides coaching the Wolves, Watson has coached in the Grande Prairie Women's Soccer League for ten years. During this time, his teams have won the City Championships nine times. Robin is married to Lorie and has a son, Chris, and two daughters, Taylor and Alexi. All are involved in soccer.



Congratulations Robin on your achievements!

MEN'S SOCCER

Graham Wood

NAIT



NAIT Looks coach, Graham Wood, is in his eleventh year of coaching in the ACAC. Coach Wood led his team to the ACAC Soccer Championships where they captured the championship!

Graham is a masterful teacher of the game of soccer. He is able to present the game in such a way that he deepens a players' understanding of the tactical and technical aspects of soccer. Graham works with his athletes to support their academic progress. He has supported players through various personal and academic challenges and continues this support long after the players leave NAIT. The level of personal respect that the players, both past and present, have for Graham is evident by the great number who want to continue playing on teams he coaches outside of NAIT and by the vast number of Alumni that attend games and remain in contact with him.

Congratulations Graham on your achievements!



RATTLERS DOING THEIR PART FOR MEDICINE HAT COMMUNITY

Submitted by Kelly Almer, MHC Athletic Director

Medicine Hat College Athletic Director Kelly Almer was proud to introduce this fall the Rattlers community service program called T.E.A.M.S. The intent of the program is for Rattlers Student-athletes to serve as positive role models for Medicine Hat's youth.



Rattlers Men's Soccer players Edin Omerovic and Daniel Perrin signing Rattlers cheer cards at a local elementary school.

The T.E.A.M.S program is not a unique program to Medicine Hat College. Almer created the program while working for the University of Calgary Dinos from 2000-2004. He modeled it after a similar program he was involved with while working with the University of Victoria Vikes Men's Basketball program. He claims that it took a few years to get the program running smoothly in Calgary but in the end it was worth all the hard work.

T.E.A.M.S
TOGETHER EDUCATING AND MENTORING STUDENTS

"The elementary students love having the athletes come and visit. In a smaller center like Medicine Hat, community involvement programs like this are really important. The community as a whole likes to see that we are giving back and trying to be a positive influence to younger athletes and all children in general," says Almer.

The T.E.A.M.S program really serves several purposes for Rattlers Athletics. In addition to being a great community involvement program, it also serves as a great marketing tool. It provides an opportunity for the Rattlers to gain a higher positive profile in the community while at the same time providing the Student-athletes with opportunities to gain valuable public speaking and presentation skills.

This year the Rattlers have nine schools already booked with several more on a waiting list. All six Rattlers teams: men's & women's soccer, volleyball and basketball will be taking part with three visits per sport.

LCC KODIAKS THE TEAM TO BEAT IN ACAC X-COUNTRY RUNNING

Submitted by Bill Corcoran, GPRC Cross Country Running Coach

After two weekends of action, Lethbridge Community College is staking its claim as the top ACAC school in cross country running.

The Kodiaks men's team dominated the SAIT Open on Sept. 17, placing five runners in the top nine spots. The story was much the same the next weekend in the RDC race on September 24 when five LCC runners placed in the top eight.

Look for an improved GPRC Wolves team, along with RDC and Augustana to challenge for the minor medals in the men's team competition at the ACAC final at the end of October.



Individually, a couple of A C A C rookies have shown good early season form. LCC's Sergon Rogers, a relative of former ACAC and current NCAA standout runner Kip Kangogo, has won both races. GPRC's Sean Hawryluk ran a strong second to Rogers at the RDC race. Some key returning athletes including RDC's Dylan Hackenbrook, Augustana's David Ball, LCC's Dave Burden, and defending CCAA National Champion Kyle Reynolds from GPRC. All of these men will be looking to challenge the talented rookies as the season progresses.

The Kodiaks also look strong on the women's side, but GPRC and Augustana are not ready to concede the team title just yet. Like the men, the LCC women have won the first two ACAC races but not by huge margins. In fact, the Kodiaks were a mere single point better than Augustana in the SAIT Open.

Returning veterans are looking to dominate the women's individual races this year. Augustana's Marcia Birkigt placed first in the SAIT race, while GPRC's Penny Thompson was first across the line in Red Deer. LCC's Liz Menard and Keyano's Lisa Collins, both 2004 CCAA all Canadians, have also looked good in the early season races. The top rookies this year include NAIT's Megan Olesen and GPRC's Janelle Williamson.



Keyano College will host the ACAC Championships on October 29. Two weeks later, Team ACAC and many of the top Alberta colleges will be flying to Peterborough to contest the 2005 CCAA Cross Country Running Championships. Based on results posted so far, look for the Alberta schools to continue to dominate CCAA cross country running yet again this year.

LCC X-COUNTRY STUDENT HEADS "INTO THE WEST"

Submitted by Tim Tollestrup, LCC Athletic Director

Justin White Cow, a Communication Arts student at Lethbridge Community College, is making his mark on Sundays this fall, hanging from cliff faces, getting involved in brawls and running inside a herd of 2,500 ornery bison. It's all part of his first acting experience as a stuntman in Steven Spielberg's six-part mini-series "Into The West".

Originally hired as a buffalo runner, Justin was pressed into service as a stunt double for two of the series' leading native roles. That meant placing himself in several precarious situations and learning to throw a proper "movie" punch.

"Running with that herd of buffalo, I was pretty scared," admits Justin, a graduate of Matthew Halton Community School in Pincher Creek. "And in most of the scenes, we were wearing only buckskin. It was pretty cold." Not surprising, as filming was done from December to mid-March in locations from Del Bonita and Nanton to New Mexico.

"Into The West", which premiered on TNT this summer, is being shown Sundays on CBC. It tells the story of the white settlement of the American West and the interaction of the newcomers with the native population. It is something in which Justin has a deep interest. During his time in Pincher Creek he founded the Buffalo Runners, a high-school running group that based its goals on native tradition. "We wanted a group to maintain fitness and a team spirit," says Justin, a two-time winner of Matthew Halton's Athlete of the Year. "We established goals to improve ourselves. Athletes from all sports were involved." Justin is a member of LCC's vaunted Cross-Country Running team.



ACAC CROSS COUNTRY RUNNING AWARDS

ACAC All-Conference Women's Cross Country Running Team

Lisa Collins, KC
 Marcia Birkigt, Augustana
 Megan Olesen, NAIT
 Penny Thompson, GPRC
 Liz Menard, LCC
 Rachel Lauzon, RDC
 Janelle Williamson, GPRC



ACAC All-Conference Men's Cross Country Running Team

Rogers Sergon, LCC
 Dylan Hackenbrook, RDC
 Joe Nusse, Augustana
 Sean Hawryluk, GPRC
 David Ball, Augustana
 Dave Burden, LCC
 Kyle Reynolds, GPRC

ACAC CROSS COUNTRY RUNNING COACH OF THE YEAR Dr. Gerhard Lotz, Augustana Faculty, University of Alberta

Coach Lotz has followed two seasons of championship running by his men's team with a gold-medal season by his women's team along with a bronze medal performance by the men! It is his tremendous dedication and commitment to his team and cross-country running that results in this kind of success.

Although a volunteer coach, Gerhard spends countless hours training his team, organizing running events (in the ACAC and in the community), attending meetings and driving the van to enable some of the great ACAC experiences that we enjoy...and he does all of this while teaching all of his physics and math courses at the Augustana Faculty! As well, Gerhard is very supportive of his coaching colleagues and works well with them to promote cross-country running in the ACAC and the CCAA.



ACAC WOMEN'S VOLLEYBALL 2005-06

Submitted by Trever Turner, ACAC Women's Volleyball Convenor

With Red Deer College Queens coming so close to winning it all last year, narrowly losing to Sherbrooke in the National Final, the outlook for an Alberta team winning the Gold in March is very possible. Here is a brief look at both the South and North Divisions for the first half:

South Division

RDC - The Queens look to be the class of the South. With four starters back from last year's team and some key recruits, this team looks to have the depth to go far in the 2005-06 season. Keep an eye on Kylie Crick to bounce back from a knee injury and have a great season.

MRC - The Cougars will be young but they have a team that will come together as the season progresses, to be ready for the playoffs. With two solid setters in Rachelle Goodfellow and Chelsea Hobbs to run the offence the Cougars will have a chance to be there at the end.

MHC - The Rattlers could be the third team to make the jump to the Provincial Pool after the first half. The Rattlers may have the best defence in the league and they will need it to match those teams that have a very solid offence. Sarah Stillborn is back and will be looked upon for her leadership.

LCC - The Kodiaks enjoyed a very successful 2004-2005 season and are ready to improve upon their finish from last year. With Kerri Wickenheiser and Kelsey Jespersen back in 2005-06, this team will have the fight to battle every game to the end.

SAIT - With SAIT losing a number of key players to graduation, they will rely upon their athleticism and desire to challenge for a Provincial Pool spot. Look for Jill Pawelko to have a breakout season.

Briercrest - The Clippers have the talent to upset a number of teams this year. With fourth year player Janelle Rozema returning, the Clippers will have the leadership to be successful in this Division.

North Division

MacEwan - With two Canada Games players back from last year, Samantha Wojtkiw and Kaylan Berg, and one of the best setters in the league in Jen Covelli, the MacEwan Griffins have the veteran leadership to make something happen this season.

GPRC - The Wolves have Ashley Davis-Pajor back in the mix after taking last season off. Ashley was selected as an All-Canadian two years ago and will be a strong blocker in the middle. With a strong middle attack setter Ashley Melnyk will enjoy running a lot of plays through the middle.

The King's - The Eagles return with a solid core of players and will challenge for top spot in the North this half. Key returnees are Oriana Pysyk and Heather VanderHoek.

NAIT - The Oaks return with a strong nucleus and look to improve on last year's finish. Leadership will come from Erin Kerschbaumer and Robyn Taylor who will provide it both on and off the court.

Lakeland - The Lakeland Rustlers will be young and scrappy and have the potential to play 'spoilers' and cause problems for some of the stronger teams in the league. Watch for Sarah Jeffrey to lead this team on the court.

Keyano - The Huskies will be a much improved team this year with a strong middle and left side attack to compliment the defence that they play. Watch for key recruit Lisa McIver, who hails from PEI, to help out the Huskies.

Portage - Portage looks to be rebuilding this year and will win some long rallies with their tough tenacious defence.

Overall the 2005-06 women's volleyball season in the ACAC looks to be highly competitive from top to bottom, every weekend will bring some exciting rallies and highly competitive matches to the fans as each team strives to obtain the league and national championships.



CCAA REPRESENTED AT THE WORLD STUDENT GAMES

Submitted by Keith Hansen, RDC Men's Volleyball Coach

This summer I had the honor of coaching the Canadian Volleyball Team at the 23rd World Student Games in Izmir, Turkey. Over 9000 of the best student athletes in the world competed in these Games. The pride of marching into the opening ceremonies with 25,000 people applauding your country, the euphoria of beating Russia for the first time in the past 20 years of Canada volleyball history and the unbelievable disappointment of losing to Iran and not advancing to the medal rounds all added to what can only be described as an unbelievable life experience.

We started training on July 15 at Red Deer College. It was a pleasure for me to be united with former Kings, Mark Dodds, Nicholas Cundy, Aaron Schulha and Brock Davidiuk, not to mention the eight other outstanding athletes that made up our team. After two weeks of training we started our month long adventure; first it was Winnipeg and three exhibition matches against the National team. We played hard, won a few sets, but were unable to come away with any wins.

On July 30 we flew to Montpellier France via Toronto, Frankfurt, Paris, where we change airports, and on to Montpellier. Julie my wife and Avery our 20 month daughter also made the trip (it is wise to have 12 baby sitters on a 24 hour trip with a young daughter). On arrival, we trained and got ready for our matches versus France.

We lost 3-1 and 3-2 versus France and won a practice match. The familiarity of living with a team, training against a team, and not really liking them turned our last match into a scrum in which both teams ended up on one court in what can best be described as intense discussion with a little bit of physical contact. From the dorms in France we move into a four star hotel in the mountains just outside of Milan for two matches versus Italy. We lost 3-1 and 3-2 but the chance to play in the number one volleyball country in the world and come so close to winning put us in the right frame of mind for the Games. Staying in what can only be described as paradise did not hurt either.

We arrived in Izmir Turkey on August 8th and checked into the FISU Games village. The village was amazing, 9000 of the top athletes in the world housed in one

complex. This is the largest sporting event in the world next to the Olympic Games. We were staying in a two bedroom apartment with the four basketball coaches, three volleyball coaches and seven athletics coaches. The next two weeks were spent with 14 coaches on different schedules and two bathrooms. It was interesting to say the least. We all agreed that the Polish women's volleyball team that sunbathed dressed only in thongs did not hurt the view from our balcony!

Our first match was a 3-1 win versus Bulgaria, followed by a 3-1 win over Switzerland. We then lost 25-23, 25-16, 25-23 to the eventual champion and host, Turkey. This was the loudest sporting event I have ever attended. It was awesome! We played well but did not finish our chances. We then beat Russia in what was one of the best wins of my volleyball career. Nicholas Cundy sealed the match with an ace serve for a 27-25 win in the fourth. Our final match of the round robin was against Iran. In order to advance to the medal round we needed to lose by less than 17 points. I have never reached the highs and lows of sport like this in less than 24 hours. Beat Russia for the first time in 20 years of Canadian volleyball history then lose to Iran by 22 points and miss the medal round. We were devastated!

A day later we beat Denmark followed by Belgium then lost in five to Russia to finish tenth. It was very disappointing to play so well for ninety percent of the tournament and finish in tenth place but we did it to ourselves.

This experience taught me a great deal about international sport and what it requires to be a champion. The margin of error is extremely small and the difference between first and tenth is not large; however, the ability to close this gap is extremely difficult.

I owe a deep gratitude to Red Deer College for their support of me this summer and through my coaching/instructing time at RDC. The CCAA should also feel proud that six of the twelve players representing Canada played in our league.



E-POST CARD FROM SWEDEN

Submitted by Jennifer Telfer

My experiences here in Europe as a former player, practicum student and employee of the ACAC have been a dream come true. I played volleyball at Grande Prairie Regional College for two seasons from 1999 to 2001. I enjoyed much success and learned valuable lessons that prepared me to move onwards to the University of Alberta. I competed in volleyball for the U of A Pandas for three more seasons to complete my five years of eligibility and my Bachelor of Science in Kinesiology. As part of my degree I completed a four month, fulltime practicum placement, from January to April, 2004 at the ACAC office. My major project was the development of the "Archives" portion of the ACAC website, as well as assisting Erin and Bob in the day to day business of the Conference. That placement led to a summer position where I continued my work on the Archives.

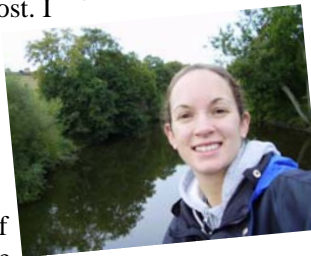


During this past summer I came across an opportunity to travel to Sweden, compete in the volleyball league and work towards a Masters degree. The manager of the club here in Angelholm, had emailed the Canadian Women's National Team coach, Lorne Sawula, who spent some time in Sweden as a coach, asking if he knew of any girls interested in this opportunity. Lorne then passed the information on to my former U of A coach, Laurie Eisler, who presented the opportunity to me. I knew of a few friends who had gone through agents to establish a professional contract and had enjoyed their experiences competing internationally. I also had a former teammate play in Sweden who enjoyed the volleyball and culture the country had to offer. As well, I was interested in pursuing further education and this arrangement allowed me to take Master level courses at no cost. I investigated what the team had to offer and decided that this was something I wanted to experience. It took awhile to become official as I needed to send a videotape to the team and make sure I would be granted a residence permit to live in Sweden for the season and to attend school.

So here I am in Angelholm, located in southwest coast of Sweden. It is a small town with the town site and the surrounding communities having a population of about 40,000. I live in a townhouse with two Swedish students. I have a short walk to our gym and use a bike to get around town. There are bike paths that take you just about anywhere you need to go in town. The beach is a short 15 minute bike ride away. We have 12 girls on our team ranging from 16 to 31 years of age. At 23, I am one of the younger girls on the team. I am not the only foreigner; our libero is from Austria and we have an outside hitter from Poland. The international flavour of our team means practice is in what we call "Swinglish". My coach spent some

time in Canada with the National Team and most people in Sweden speak English very well, so there is not a large language barrier. The most difficulty I had with the language was figuring out which milk to buy at the grocery store! My team is also helping me to learn Swedish; however, my progress has been slow. I study at the University located in Halmstad, which is a 40 minute train ride north of Angelholm. The school is very new with the campus constantly changing due to recent construction. Because the lectures are in Swedish, I do most of my studying on my own with English textbooks. I receive readings and a major assignment once a month for the fall semester and then begin work on a dissertation working towards a Masters in Sport and Exercise Psychology in the winter semester. I am still in communication with my professors here to finalize the details but I am enjoying working at my own pace and the topics are interesting.

My first month here has been exciting with trips to play in Poland and Denmark. Our team has done well so far and is expected to be in the top four in our league. With some time off at Christmas, I hope to do a little traveling and explore Europe more. Although I miss things from home: family, friends, and normal peanut butter; this is a great experience for an athlete who wants to get the chance to travel and experience other cultures. It is a unique chance to make new friends and try new things. I recommend investigating opportunities to compete internationally to anyone who still wants to play their chosen sport, whether it be volleyball or otherwise, and want to travel to experience other cultures.



On a side note, it may be of interest to include some other former ACAC volleyball players that are now playing internationally: Murray Laidlaw (GPRC 1999-2001) is in Lycrungus, Netherlands, and Aaron Schulha (RDC 2000-2003) is in Middelfart, Denmark.

OUTLOOK ON ACAC MEN'S BASKETBALL FOR 2005-06

Submitted by Tim Tollestrup, ACAC Men's Basketball Convenor



As Basketball Convenor of the ACAC Men's Basketball, I would like to provide a prognosis for the upcoming season. I have gleaned from some of the Conference coaches.

In the South Division, it looks to be a very competitive season again, with most teams being able to knock off the competition at any time. If the Pre-season Tournament tipped off anyone as to the teams to beat then you would be looking to see Mount Royal (3-0) and Lethbridge Community College (2-1) moving to the top of the ACAC South Division. But, SAIT and Red Deer were missing from the pre-season tourney. This year, there will be a very tight race for the top four teams to make ACAC playoffs. In the early season, Mount Royal, SAIT, Red Deer and Lethbridge look to be the favorites. Red Deer is very skilled and experienced; SAIT is the most experienced with last year's starting five returning, and Mount Royal has the youngest team, but a very skilled rookie class.

Lethbridge will hold their own with some solid returnees and Medicine Hat and Briercrest have a number of rookies who will make their teams much improved although the rookies will need to prove themselves if they are to be in the playoff hunt in February.

In the North Division, the situation is very similar to that of the South. Most coaches feel Lakeland will be the team to beat at the end of the season, but after the Pre-season tournament play Grande Prairie (3-0), MacEwan (2-2), NAIT (1-2), and Concordia (4-0) all look to be very competitive. There will be a log jam at the beginning of league play with probably the most competitive league season in recent history up in the north country. The King's University College has lost four of their five starters, but has come up with a very strong recruiting class which will be counted on for any chance of making a run at the playoffs. Augustana has eight players who all have college experience that could provide match up problems for the competition. Watch out for the shifting that will take place in the league standings up to the very last weekend of play.

Last year the top four North teams all made it to the Final Four, but the South teams will restore order to the Final Four draw with two north teams and two south teams. All in all it will be a very exciting 2005/06 ACAC basketball season, probably the most competitive season to take place in the North and South Division in recent years.

ACAC MEN'S VOLLEYBALL 2005-06

Submitted by Mark Mahl, ACAC Men's Volleyball Convenor

This season everyone will once again be chasing the 6 time National Champion Red Deer College Kings coached by one of the top college men's volleyball coach of all time, Keith Hansen. Last season saw Portage and Lakeland prove to be a much improved programs, and witnessed MacEwan perform a feat that has never been done before in the ACAC play-offs; winning a medal (silver) after not making the Provincial Pool for the second half.

This year has a lot of the same expectations. Red Deer returns 04-05 player of the year Joey Martins while Mount Royal looked impressive in the first pre-season tournament by finishing first. NAIT returns a solid list of players that includes Tony Zylstra and Chad Gimmel. The MacEwan Griffins come into the season boasting a lot of confidence with increased experience by having Craig Proudfoot and Clark Booth leading the offense. In Grande Prairie second year bench boss and former ACAC player Lorne Jacula has worked very hard to build the Grande Prairie Wolves program back to the days of Ron Thompson. When the 2005-06 season begins look for all seven teams in the North to battle every match.

In the South all five teams will once again be chasing the always strong Red Deer Kings. Watch for Medicine Hat, Lethbridge, Briercrest and a very young SAIT squad to fight it out for the final spot to earn the right to compete in the second half Provincial Pool in ACAC Men's Volleyball.

The 2005-06 season is shaping up to be a very exciting year!



CONCORDIA THUNDER TEAMS HEAD INTO 2005-06

Submitted by *Bernie Masterson, CUCA Athletic Director*

Badminton

Concordia University College looks to capture a gold medal in the ACAC this year. The Thunder has finished in second place to Mount Royal College of Calgary for the past 3 years, with each year drawing the team closer to its goal of an ACAC Championship.

The team has graduated a number of players this year including Drew Zernick, Kevin & Craig MacAlpine, Sonia Delhon but has added some new faces to the team. This includes Micheal Chong, Reshma Bhambhani and Natasha Liaw. This infusion of new talent added to the strength of existing veterans, Jon Vandervet, Tiffany Chan, Zarina Bhambhani, David Tomita, Jolene Long, Vanessa Kumpula and Matt Czernick looks promising for the Thunder to finally knock Mount Royal off the top.

Women's Basketball

The women basketball team at Concordia returns seven players from last years highly successful season, which culminated in an ACAC and National Championship. Included in the seven are three returning starters including ACAC All-Conference and Academic All-Canadian Ashley Nealon. Also returning are two non-starting impact players from Coach Edwards outstanding bench from last season.

Joining the Thunder this year are six new faces including Kayley Weisbrot, a red-shirt from the University of Regina. Coach Edwards will be looking for Weisbrot to be the new floor leader with the graduation of All-Canadian Amber Smart.

The Thunder will be an experienced team at many positions in the 2005-2006 season. With the addition of six new athletic faces what they lack in size on the front line will be made up by an overall team commitment to play tough defensively, and an up-tempo attack on offense.

Women's Soccer

The ACAC Bronze medal winner last season ,the Lady Thunder soccer team looks to build in the success of last season as it pushes for its ultimate goal an ACAC Championship. Key returnees include Jill Brandt at outside mid, Megan Carter at stopper and one of the top goaltenders in the ACAC, Amanda Mawany. Taking over the coaching rein this year is first year coach Tony Rosselli

Golf

Coach Larry Petryk returns three golfers from a highly successful 2004-2005 season. Key returnees include Paul Kuperus a two sport athlete (Golf and Basketball) at

Concordia, who was an individual bronze medal winner at the ACAC Championships. For the first time The Thunder will field a women's team. The Thunder is driving for a top 5 finish at provincials and regionals for both the women's and men's teams.

Men's Basketball

After another successful season culminating with a bronze medal at provincials the men's basketball team bid farewell to four starters including ACAC first team All-Conference Keith Miller and 2nd team All-Conference Daryl Balog.

The Thunder return five impact players who contributed to the success of last years bronze medal team. Key returnees are Kris Raymond, Misha Szynekowski, Trevor Dreger and Adnan Hajdarevic. Coach Ross is looking for Hajdarevic to have a breakout season after a year of learning the college game.

The Thunder have added an outstanding class of recruits including (Edmonton Journal) All Stars Jahmeil Sanders, Gaby Ferzli and highly touted recruits Sam Sir, Mike Montgomery and Wes McConnell. Rounding out the line up will be returning players Jason Smith and Aidan O'Connor.

The Thunder will be an athletic up tempo team that will be once again fighting for a medal at the ACAC Championships.

Men's Hockey

After three exhibition games and nine practices this year, Coach Jim McLean expects to ice a competitive team. The team has a lot of depth up front where Ryan Carignan, Brad Trautman and Cody Stearne are expected to lead the way. On the defensive side Mike Dempster, Jason Fleury and Chris Crowell will set the bar for our first year defensemen. In goal, The Thunder returns David Spooner, returning for his third year and newcomer Pat Conacher from Cowichan Valley of the BCHL.

The team will emphasize defensive play and a strong work ethic. In doing so Coach McLean believes his team can be successful in a league that has a lot of quality teams.



ACAC BADMINTON REPORT 2005-06

Submitted by Jordan Richey, ACAC Badminton Convenor



The 2004-2005 ACAC Badminton season got off to a surprising start at the first tournament at Grande Prairie Regional College with Concordia University College narrowly edging out the overwhelming favorite Mount Royal College. Mount Royal bounced right back winning the next three tournaments finishing the regular season with a 19-1 overall record. Concordia College entered the playoffs in second place with a 17-3 record while NAIT rounded out the top three with a 12-8 record. The ACAC team playoffs took place at Concordia University College where Mount Royal defeated Concordia in the Gold Medal round to win the ACAC Team Championship. Grant MacEwan College earned a hard fought victory over NAIT in the Bronze medal match.

The ACAC once again dominated at the National Championships, held at Georgian College in Barrie, Ontario, winning all five events. Mount Royal represented the ACAC in four of the five events including Brody Hilland in Men's Singles, Samantha Ralph in Women's Singles, Jeremy Hilland and Justin Mullaly in Men's Doubles and Helen Nichol and Kristy Leshapelle in Women's Doubles. The ACAC's final representative the mixed Doubles team of Jon Vandervet and Tiffany Chan of Concordia University College.

ACAC badminton continues to be in great shape as the league has begun to develop tremendous rivalries. While Concordia continues to attempt to battle it out for conference supremacy, rivalries between NAIT and Grant MacEwan, and Red Deer College and Grande Prairie Regional College will continue to make the ACAC a competitive and quality league.

BASKETBALL ALBERTA FEMALE COACHES OF THE YEAR

Submitted by Marvin Dobish, Basketball Alberta Executive Director

Basketball Alberta announced today that one of two 2004-2005 Baden Coach of the Year co-recipients for a female program is **Mr. Scott Edwards** (Concordia University College of Alberta, Edmonton).

Scott Edwards guided the Concordia University College of Alberta out of Edmonton to the school's first CCAA National Women's Basketball Championship during the 2004-2005 campaign. They finished the season with a 36-6 win-loss record including a 22-2 ACAC conference record. In the ACAC playoffs they beat Medicine Hat in the first round and then in the ACAC Final Four Tournament defeated ACAC North conference rivals Augustana and Grant MacEwan College enroute to capturing the ACAC title. At the CCAA Nationals they claimed victories against University of New Brunswick at Saint John in the first round, Montmorency from Quebec in the semi-finals and the number one ranked University College of the Fraser Valley in the championship game.



During the past two off seasons, Coach Edwards has also served as an Assistant Coach with the Team Alberta Juvenile Women. In each of those two years Team Alberta captured silver medals at the Canadian National Juvenile Championships. Scott is a relentless supporter of the game of basketball in Alberta and across Canada.



BRIERCREST COLLEGE CLIPPERS GEARING UP FOR ANOTHER SEASON!

Submitted by Ellery Pullman, BC Athletic Director

As the fall season rapidly approaches there is an energy that is gaining motion on the campus at Briercrest College. With the echo of whistles and balls bouncing, the Clippers are getting ready for another season in the competitive ACAC.



The Clipper women's basketball and volleyball programs will enter the 2005/06 season under new leadership. Leigh Wolverton has taken over as head coach for the women's basketball team and Ryan Adams will take leadership as the head coach for women's volleyball. Both Leigh and Ryan are very excited to join the Clipper Athletic Department and are looking forward to competing in the ACAC.

This year, it seems, all of the Clipper teams appear to be in the same boat with a good range of talent but young athletes. The freshmen athletes will learn quickly what it means to play in the ACAC as pre-season tournaments have borne out. Leading these raw talented players are five student-athletes who will be finishing their fourth year of eligibility in the league this year. Those student-athletes are Josh Mawhorter (men's basketball), Rebecca Delleman (women's basketball), Janelle Rozema (women's volleyball), Nolan Weinmaster (men's volleyball), Dave Cunning and Jason Wigmore (men's hockey). Teams will be looking to these players for leadership on and off the court and ice as the season gets underway.

Another exciting change is to one of the Briercrest College degree programs. Since 1996 Briercrest has offered a Sports Ministry Degree however, in the fall of 2004 the Sports Ministry degree and Outdoor Adventure degree programs were combined and renamed the Recreation Leadership degree program. The Recreation Leadership degree is significant as it allows students to integrate their recreation skills with ministry preparation and Biblical training. The degree broadens the arena of study for the student and provides greater opportunities for career placement after graduation. It is an exciting time of change and new beginnings for the college.

DAKSTATS ARRIVE AT THE ACAC

Submitted by Anthony Wong, ACAC Technical Assistant

For the 2005-06 season, the ACAC implemented new statistical software for basketball and volleyball. DakStats was incorporated to provide real-time statistics for the conference. This project will be a learning curve for the Conference and institutions, but in the long run it provides many benefits for coaches, players, and fans.

DakStats was implemented in early September as several colleges were preparing for exhibition games and tournaments in basketball and volleyball. Several problems arose due to inadequate game day preparation with the software, but once the software was set up and the personnel had several games to try-out the software, game statistics were running smoothly with the option of in-game statistical print-outs provided for the coaches during the game.

Although not implemented at this time, the features of the software allow the member institutions to record more statistics than what was recorded in the past.

The ACAC looks forward to next year and hopes that

with experienced DakStats personnel and well-trained game day staff that more detailed statistics will be taken.

The software offers web-casting capabilities that, when incorporated in play-by-play mode, is able to provide real time play-by-play accounts over the web. In the future, as the members get more familiar with the software and with adequate infrastructure, the Conference would like to web-cast all ACAC games over the World Wide Web. Ultimately, an ACAC institution with video web-casting capabilities would be able to broadcast games or a national championship over the internet providing audio, video, and live play-by-play statistics.

Anthony Wong, the technical assistant for the ACAC, has been helping the institutions implement and troubleshoot the DakStats software. Anthony was the ACAC statistician last year and has taken on a more active role in keeping statistics as well as providing technical expertise and troubleshooting the DakStats software.

VALUED ACAC SPONSORS ON BOARD FOR THE 2005-06 SEASON

Submitted by Bob Day, ACAC Executive Director

The start of the 2005-6 season marks the second season of involvement of Sher-Wood Hockey as the newest partner in an ever growing list of ACAC sponsors. Sher-Wood and the Conference enter into the third year of a four year agreement, similar to that used in the Alberta Junior Hockey League, which will see ACAC hockey players, both women and men, use Sher-Wood gloves, pants and sticks over the duration of the partnership. Sher-Wood will also recognize the ACAC women's and men's hockey MVP's with \$500 scholarships and each season's All-Conference players with gifts of Sher-Wood track suits. The Sher-Wood partnership is the first such sport exclusivity arrangement entered into by the Conference but more are certainly welcome.

The Conference is excited to have Subway on board again for another season as the sponsor of the ACAC Athlete of the Week program. Each week the Conference selects the most outstanding female and male performers from the previous week's competition. Winners receive a 6' sub courtesy of Subway and may if they wish, share this with their teammates who helped them achieve the awards. New to the Conference this year is the introduction of the "Subway Nights" program. Each Conference member college will promote Subway product during four specific competitions during which numerous giveaways will be offered to spectators and those in attendance will receive valuable Subway discount coupons. This season too, each ACAC coach, athlete and athletic staff member received a 14% discount coupon to be used for all their Subway purchases! At the end of the season, Subway will recognize the ACAC Players of the Year with \$1,000 scholarships. In addition, Subway provides each ACAC member institution with \$1,000 to be used to benefit their respective athletic programs. The Conference is thankful that Subway makes such a significant contribution to the development and promotion of inter-collegiate sport in Alberta. Our student athletes love Subway product and the ACAC and Subway are a natural fit and a winning combination!

For a third consecutive year, Adidas Canada has come on board as the title sponsor of our Women's and Men's Soccer Championships. With this sponsorship, Adidas has offered the Conference over \$4,000 in product which has been used again this season, at the request of the Conference's soccer coaches, to provide Player of the Game Awards. The Conference is pleased to recognize Adidas Canada and looks forward to many more seasons when the Adidas name will headline our provincial soccer championships!

Elite Sportswear has again entered into a partnership with the ACAC. This season, Elite will provide up to \$2,000 in product to the Conference. Elite, which prides itself in

providing outstanding service, has recently expanded operations in Calgary, Red Deer and Saskatoon and is pleased to offer its ACAC clients a wide range of uniforms, clothing, awards and promotional materials.

Calgary's Kicks, The Soccer Store has renewed its support of the ACAC for the Kicks' Player of the Game Awards at this year's ACAC Women's and Men's Soccer Championships. Kicks has supported the ACAC for many years. The Conference is thankful for ongoing partnerships such as this which have proven over the years to be appreciated so much by our student athletes.

Finally, Konica Minolta Business Solutions (Canada) Ltd. continues to support the Conference office operations with the loan of fax and photocopy equipment. This year, Konica-Minolta has upgraded the office equipment and will introduce two \$500 Player of the Year Scholarships for ACAC volleyball!

The ACAC continues to be excited to welcome our valued sponsors, through our partnerships, into the business of being leaders in the development of sport in Alberta! Our student athletes, upon graduation, become the leaders of sport throughout the province and the contributions of our many sponsors make their experience a more rewarding one. Thank you! We look forward to many more years together with these and other partners!

ACAC Host Hotels Enter New Contracts

In every Alberta community where one or more of our colleges is located, the Conference endeavours to reach an agreement with a hotel property to serve as the ACAC host hotel. Hotels offer college teams and personnel outstanding accommodation rates and offer our student athletes discount pricing on meals in hotel-run restaurants. The 2005-6 season marks the first year of a two year contract with these properties. In early 2007, the next series of new agreements will be sought through an open tender process.

During the 2005-6 & 2006-7 seasons, the ACAC is pleased to recognize the following properties as ACAC host hotels:

Calgary:	Best Western Village Park Inn
Camrose:	Norsemen Inn
Caronport:	The Pilgrim Inn
Edmonton:	The Sutton Place Hotel
Fort McMurray:	Quality Hotel & Conference Centre
Grande Prairie:	Quality Hotel & Conference Centre
Lethbridge:	The Lethbridge Lodge
Lloydminster:	West Harvest Inn *
Medicine Hat:	Best Western Inn
Red Deer:	Service plus Inn & Suites *
	* new hosts

On behalf of our members and our participants, today's student athletes and tomorrow's corporate travelers, thank you for your contributions to Alberta inter-collegiate sport!