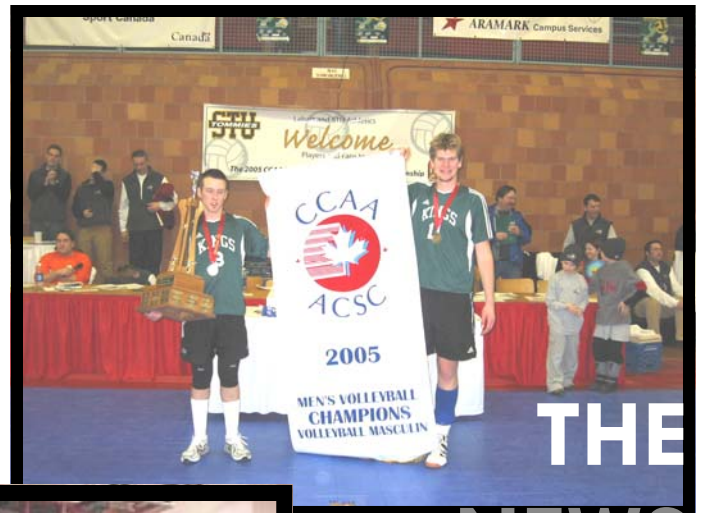


ACAC OUTLOOK



APRIL 2005

THE
NEWS
&
NOTES
OF
THE
ALBERTA
COLLEGES
ATHLETIC
CONFERENCE



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Cover Photo:

MRC Women's Hockey winning ACAC Gold (top left); SAIT Men's Hockey winning ACAC Gold (middle left); Red Deer Kings Volleyball win 6th consecutive gold at CCAA National Championship (middle right); Concordia Thunder Women's Basketball win gold at CCAA National Championship (bottom).

Photos Courtesy of MRC Cougars, SAIT Trojans, R&G Photo Limited, St. Thomas University

ACAC MISSION STATEMENT

The ACAC is the governing body for intercollegiate athletics in Alberta. Its mission is to foster the development of the student-athlete through the administration and promotion of intercollegiate athletics as part of the education and provide a leadership role in the development of sport in Alberta.

The ACAC is a non profit society and has been incorporated under the Societies Act of Alberta since 1981. The ACAC was formed in 1964 as the Western Inter-Collegiate Conference (WICC).

ACAC Outlook is an internal publication of the ACAC which is distributed three times annually (Pre-season, January and April) to the member institutions of the ACAC. The opinions expressed in this newsletter are not necessarily those of the officers, employees or members of the ACAC. Individuals or organizations interested in this publication may request a rate schedule.

If you wish to submit an article for the next newsletter please send it to the ACAC at office@acac.ab.ca. Articles may be edited due to space restrictions.

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PRESIDENT'S MESSAGE



Submitted by Allan Ferchuck, ACAC President

On behalf of our seventeen Conference members it is my pleasure to congratulate all teams who represented the ACAC at the Canadian Colleges Athletic Association (CCAA) nationals this past year. Our student athletes represented us well on and off the court. It is of interest to note that in nine national championships, the ACAC representatives claimed six gold and three silver medal finishes in team competition plus numerous individual medals.

In addition, the ACAC hosted three national championships. Thank you to Grant MacEwan for hosting the CCAA Cross-Country nationals, to SAIT for hosting the Women's Basketball nationals and to NAIT for hosting the Men's Basketball nationals. Each of you have provided student athletes, coaches and all team members with experiences of a lifetime and continued the ACAC's tradition of providing outstanding hosts for national events.

The staff and volunteers, in combination with the title sponsors (Running Room, Cross-Country Running; Coca-Cola, Men's Basketball and Budge Car Rental, Women's Basketball) were key to the success of each national championship.

In the ACAC board room, the Conference's governance structure has provided for considered, principled decision-making. In my opinion, the future of the ACAC is threatened by the professionalization of amateur sport. It is contributing to enormous pressures on our members' fiscal and human resources. Future competitive formats, the enhancement of the Condon Scholarship program, the growth of existing sports and providing new sport opportunities are key challenges the Conference will face. We are sorry too to lose Prairie Bible Institute as a member.

Again, I would like to acknowledge the major financial support of the Alberta Sport, Recreation, Parks & Wildlife Foundation to the ACAC. Also, the major administrative roles of Robert Day our Executive Director, Erin Cameron and then Anthony Wong our Executive Assistant, are key to the day-to-day functioning and leadership provided to the Conference. Job well done.

It has been my distinct pleasure to work with an outstanding executive, individuals who give freely of their time and professional expertise for the betterment of the student athletes and athletic programs of the ACAC. Thank you to Yvonne Becker (Augustana University), Bill Dean (Grant MacEwan College), Francois Fournier (Grande Prairie Regional College) and Gregg Meropoulis (NAIT). You have served the Conference well.



AS ANOTHER COMPETITIVE SEASON COMES TO A CLOSE...



*By Dr. Robert Day,
Executive Director*

As Another Competitive Season Comes to a Close...

What a terrific year again in 2004-05 in Alberta college athletics! Congratulations to our provincial champions and our numerous CCAA medalists and award winners! While hard to believe we could outdo last year's terrific national showing, this was certainly a banner year in CCAA performances.

Again this past season I have had the pleasure of seeing many of our student athletes in action. I continue to be impressed by the level of play and the spirit of sportsmanship that transcends our competitions. I again wish to draw special attention to the fine leadership provided by our coaches and congratulate those who have been recognized as coaches of the year by their peers. Finally, I want to thank and congratulate our athletic directors whose work often occurs behind the scenes; work which is critical to the success of college programs. You can read a profile of one of our number, Craig Wilsman, inside. I regret that we'll be losing Craig from around our Council table owing to the recently announced withdrawal of Prairie Bible College from the Conference. Of note, PBC will be continuing their membership in ACAL where Prairie AD, Bob Murray, has assumed the presidency. I regret too, the unfortunate weather circumstances which forced cancellation of several soccer matches last October. This was certainly a meteorological anomaly which we hope will not require similarly drastic measures in the future!

The Conference continues to excel at the

CCAA level. In 2004-05 the CCAA women's and men's basketball championships returned to Alberta and were hosted in terrific fashion by SAIT and NAIT respectively while Grant MacEwan hosted the CCAA Cross Country Running Open Championships. It's clear in speaking with visiting CCAA student athletes that they love to attend the championships in Alberta! Next year ACAC member institutions will again host several national championships. The nation's finest badminton collegians will gather at Mount Royal College for the CCAA Badminton Nationals March 2-4 while the WBB Championships are hosted by Lethbridge Community College March 16-18.

This spring, the Conference will hold its AGM in Banff May 2-6. The most signal item on the agenda will see the Council revisit the basketball and volleyball schedules which arose from the December planning meeting. Of particular note will be a possible redrafting of the Conference's competitive schedules in basketball and volleyball. In basketball, the South Division will see a reduction in four games owing to the departure of PBC; a change which may result in a redrafted schedule of games. In volleyball, rumblings are suggesting that some members wish to abandon the "Rogan" scheduling format, despite the fact the Conference's volleyball coaches wholeheartedly endorsed it at a recent coaches meeting.

The Conference moratorium on the addition of new sports by current members and membership applications from new members, in effect since the spring of 2003, continues. The status of this moratorium depends in part upon the results of the strategic planning discussions which remain clouded at this time. While Prairie Bible College can

be assumed to have withdrawn their application in volleyball, Calgary's St. Mary's College will continue to watch the results of these meetings with genuine interest.



*Anthony Wong, Assistant Executive Director,
standing by the newly acquired photocopier.*

The other single most important business item of note over the past few months concerns a proposal for a revised institutional funding formula for the Jimmie Condon Scholarships where the bottom line would see the individual colleges allotted fewer total dollars for distribution to our student athletes. At time of writing, the universities have suggested the Student Finance Board adopt a minimum 2.3 GPA (as compared to the current 2.0 minimum) to reduce the Condons budget by some \$315,000, plus a 5% reduction in Condon awards to all teams. Further, the universities suggest that any unused allocated funds from this formula be held in reserve to cover any future over expenditures. Conversely, the ACAC will petition the Board to accept a "dynamic" formula where the Department of Learning advise the institutions of the anticipated overspending and the U's and colleges reduce allotments accordingly. Under this scenario, I estimate that the universities would need cut only 10 scholarships annually while the colleges cut a mere 18, palatable in view of the numbers of scholarships which are not awarded annually.

(Continued on page 4)



AS ANOTHER COMPETITIVE SEASON COMES TO A CLOSE...

(Continued from page 3)

Staffing has been an issue of note for the Conference this past semester. I draw your attention to the note from Executive Assistant Erin Cameron on the page below. As many readers know, Erin and husband Brett lost their daughter of three weeks, Avery in late January. I'm pleased to report that Erin will return to the Office following the completion of her maternity leave on May 16. We look forward to Erin's return! In the interim, we were very fortunate to welcome ACAC statistician Anthony Wong to the Office (see photo on page 3). Anthony pitched in admirably wherever required and is doing a marvelous job. Anthony will remain in the Office til mid-May.

The current season will wrap up May 30 – June 3 when five members of the Conference Executive Committee, Allan Ferchuk, Yvonne Becker, Bill Dean, Gregg Meropoulos and I shall represent the Conference at the CCAA AGM in Halifax! This meeting, hosted by the ACAC in Banff last summer, will complete business for the past season while planning new initiatives for next season and beyond.

The Alberta Colleges Athletic Conference continues to provide leadership in the development of sport in Alberta. We are proud that so many of tomorrow's sporting leaders are currently among our ranks. We applaud them, and celebrate their accomplishments with them. Well done, and thank you!



From Erin and Brett...
Erin and Brett Cameron would like to sincerely thank the ACAC colleges, Council members, and staff for their kind donation to the Children's Health Foundation in Avery Marie's name. Although Erin and Brett's time with daughter Avery was brief, her memory will live on through your kind support and donations. Avery spent her whole life at the neo-natal intensive care unit at the Royal Alexandra Hospital.
Contributions to the Children's Health Foundation are used to support the needs of its five sites in the Edmonton area and are devoted solely to enhancing child health services. For more information, please contact the Children's Health Foundation at 433-KIDS (5437).



Irwin Strifler Elected to the U of A's Sports Wall of Fame

By Anthony Wong, ACAC Executive Assistant

It is with pleasure that the ACAC recognizes the election of long time NAIT athletic director and ACAC Executive Director Irwin Strifler to the U of A Sports Wall of Fame. Irwin, who retired from the ACAC office in 2002, left his mark in numerous ways at both the U of A and even more so within the ACAC.

Irwin was a renowned builder of athletic programs wherever he went. He was the architect of one of Canada's most respected intercollegiate athletic programs at NAIT in Edmonton. Irwin was a Director of NAIT's Athletics and Intramural Program for 30 years (1968-1998). Under his leadership, NAIT teams and individual athletes won 157 gold medals, 12 CCAA national team titles, and 17 national individual gold medals. During his reign, NAIT received the CCAA Award of Excellence for a Quarter of a



Century of Men's Ice Hockey Supremacy. Irwin was a founding member of the Canadian Colleges Athletic Association (CCAA), serving as Vice-President for 2 years. He was a builder and senior executive member of the Alberta Colleges Athletic Conference (ACAC) for 20 years where he served 8 years as President, 4 years as Vice-President, and 8 years as Secretary.

Other than being a builder, Irwin was a star athlete in his own right. He starred with the U of A Golden Bears Football team as fullback, as well as back-up punter and quarterback from 1962-1965. He helped the Bears win the WIFL Championship in those three years and was a member of the Bolden Bowl Champions in 1963. Off the gridiron, Irwin was also a member of the Golden Bears basketball team from

1962-1966. He was later drafted by the Calgary Stampeders football team in 1965.

Prior to playing for the Golden Bears, Irwin was an outstanding player on the Edmonton Wildcats junior football team (1959-1960). He was awarded a full football scholarship to Oklahoma State University, but opted to play for Cameron Jr. College from 1960-1961, where his team won the Little Rose Bowl in Pasadena in December, 1961.

Irwin has worn many hats over the years. He served many years as coach of football, basketball, and ice hockey teams at many different levels. Irwin's legacy continues to this day. He has been a coach, athlete, architect, builder, director and founding member throughout his career.

Congratulations Irwin. We're proud of you!

Alberta Volleyball Association Introduces ACAC AVA Rookie of the Year Scholarships

By Bob Day, ACAC Executive Director

In the fall of 2004, the ACAC approached the Board of Directors of the Alberta Volleyball Association (AVA) to enquire into their interest in joining valued ACAC corporate partners in introducing Player of the Year Scholarships for the Conference's top female and male volleyball players annually.

The Alberta Volleyball Association seemed like a natural partner in this venture! Clearly, there is a place for the involvement of our volleyball member institutions in the AVA and at the same time we see value inherent in the Alberta Volleyball Association reaching out to our



members in this fashion. As we know, many of our past and current coaches and players have contributed directly to the development of volleyball throughout the province by way of their involvement with the AVA through club programs. Extending this relationship further by way of a perpetual scholarship seemed like a natural fit! The AVA agreed albeit with a minor, well-conceived wrinkle.

Clearly, the creation of scholarships such as the ones suggested represented a most attractive type of sponsorship/support in the eyes of the AVA. The notion that the Alberta Volleyball Association would recognize this relationship through the creation of a scholarship is surely be viewed by their membership as a most attractive one. The AVA noted however that it would be more appropriate to recognize players from Alberta who may well have received their volleyball training



Alberta Volleyball Association Introduces ACAC AVA Rookie of the Year Scholarships

through AVA programs. This made perfect sense to us and so, at the request of the AVA, the **Alberta Volleyball Association ACAC Rookie of the Year Scholarships** were introduced.

Like their Player of the Year cousins, these scholarships represented \$500 awards the top female and male "rookies" in ACAC volleyball. These first year ACAC volleyball players were identified as the "rookies" receiving the most votes in annual All-Conference Team voting by Conference coaches. These awards were recently presented at this year's college awards ceremonies and recipients of the ACAC AVA Rookie of the Year Scholarships were **Jessiya Kamps** of SAIT and **Rob deJong** of The King's University

College. Congratulations to both recipients!

Mr. Terry Gagnon, Executive Director of the AVA welcomed the opportunity to contribute in a financial way toward the tuition and expenses of these most worthy student-athletes: "We hope this newly created scholarship will be of assistance to you as you strive to excel on the court and in the classroom throughout your volleyball and academic career. Congratulations and we look forward to following your volleyball career and we hope to see you represent Alberta and Canada in the near future."



Scholarship presented to Rob by Clair Paterson

LCC's Bertil Johansson Named 2005 Alberta Sport Coaching Award Winner

By Bob Day, ACAC Executive Director

Since 1987, Bertil Johansson has been coaching at Lethbridge Community College. He is a fully certified NCCP Level 4 coach and a NCCP Level 3 Track and Field course conductor and has an extensive list of accomplishments. Most recently Berthil led the LCC Kodiak runners to the CCAA National Cross-Country Championships, including gold for LCC X-C at ACAC in 1987 and 1988 (women), men in 2000 and 2001 and gold at the CCAA Nationals in 2001 for men and 2003 and 2004 for women!

Bertil has taught and coached X-C Running at LCC for 19 years and has served as the race director of the Lethbridge Timex Series 10 mile RR for 19 years. For the past 16 years he has hosted the LCC Run for the Pumpkin. In 2003-04 Bertil was named the ACAC X-C Running Coach of the Year!

Bertil's accomplishments go well beyond coaching alone. He continues

to be a devoted volunteer who has contributed many hours and resources to sport at many levels. He has served as an Athletics Alberta Board Member (1999-2001), a Commonwealth Games official (1994) and worked as an apprentice coach for Canada at the World track and field Championships (1995).

Bertil was born in Lulea, Sweden in 1956 (Lappland). He earned a B.Sc. from BYU in 1981 and a B.Ed. from the U of L 1994. He followed up these degrees by earning an M.Ed from the U of Victoria in 1996 in high performance coaching (athletics). Lastly, he obtained an NCCP Diploma from the NCI (Victoria) in 1994.

He has coached in the sport of track and field and cross-country running for over two decades and has made significant contributions to the sport of athletics both provincially and nationally. Bertil has represented Alberta as a coach at three Western Canada Summer Games and two Canada Summer Games.



Gary Mar, Minister of Community Development, Coach Johansson, Wayne Warawa, ATCO Gas and Orest Korbutt, Chairman, Alberta Sport, Recreation, Parks and Wildlife Foundation

Bertil's involvement as an athlete himself is extensive as well. He competed for the Swedish juvenile/junior and senior national teams in the mid/late 1970's against Russia, Germany and the Nordic countries. He was the Swedish Jr. Decathlon Champion in 1976 and 1978. Between 1975 and 1980 Bertil was certified as a Swedish national team coach.

Bertil is very grateful to LCC's Athletic Director Tim Tollestrup and Athletics Alberta Executive Director John Jacobsen who forwarded his nomination. He exclaims that he is

(Continued on page 7)



Ex-RDC Volleyball Coach Cor Ouwerkerk to Hall of Fame



Submitted by Danny Rode, Advocate staff

During his 25 years of coaching the Red Deer College Queens volleyball squad Cor Ouwerkerk amassed a record coaches only dream of. He won 14 Alberta Colleges Athletic Conference championships, including 13 in a row. The Queens competed in 15 Canadian finals, winning 12 medals, including gold in 1984, which is still the only time a team outside of Quebec has won the women's national college championship. Ouwerkerk was always one who put the team in front of himself, although he was named ACAC coach of the year seven times and Canadian Colleges Athletic Association coach of the year once.

On Tuesday, the native of Holland received the ultimate individual award when it was announced he will be inducted into the Alberta Sports Hall of Fame May 27 at the Capri Centre. "It's something that's beyond my comprehension," said Ouwerkerk. "It's an honour you see others receiving, but you never think it will happen to you. There are so many outstanding athletes, builders and coaches in the Hall it's a real honour to be alongside them. "I look from where I started in the old country to where I ended up, it's unbelievable."

Ouwerkerk moved to Alberta with his parents at age eight, setting up residence in Picture Butte. He played a number of sports in school and with the encouragement of his mother, got into physical education at the University of Calgary. He received his teaching degree from the U of C, but teaching and coaching in high school wasn't something he wanted. "I knew I wanted to teach at the college level, so I took my master's degree at the University of Washington," he explained. After receiving his master's degree, Ouwerkerk spent two years teaching at a junior high school in Calgary. He also got his first taste of coaching in the ACAC, working with the SAIT Trojans men's volleyball team.

In 1970, RDC athletics director Wayne Lalor contacted Ouwerkerk about a position at RDC. "It was something I was looking forward to," said Ouwerkerk, who coached the Kings his first four years at RDC. He also coached both teams for a season, then took over the Queens full time. It was there that he thrived. During the 25 years he never missed the playoffs. In 1974 the Queens put together a streak where they won 56 straight points. In

1980-81 the RDC squad had a 90-game winning streak against ACAC competition and a 70-game streak against all college teams. The Queens posted a 63-0 record in the 1981-82 season, one of their six undefeated seasons. The powerhouse RDC squad won the ACAC title eight straight years from 1982 to 1989 and the ACAC title 13 straight years from 1982 to 1994. Ouwerkerk saw his team put together a 68-match win streak against ACAC teams that ended in 1990.

During his 31-year coaching career, Ouwerkerk never had a losing season, winning over 500 matches and 3,700 games against college competition -- 487 of which came with the Queens, with whom he posted a winning percentage of 90 per cent.

Outside of coaching, Ouwerkerk also spent time as RDC athletic director and was president of the ACAC. He was also instrumental in the birth of the Queens Volleyball Club.

He retired from RDC in 2000, but coached a senior women's team of former players to two Alberta championships before officially calling it quits. He still teaches coaching theory courses and is actively involved with the River Bend Golf Course.

In 1985, Ouwerkerk initiated a volleyball exchange program between Red Deer College and Hokkaido Women's College of Ebetsu in Japan. This program is ongoing and has expanded to include academic and cultural exchanges between the staff and students of the two sister colleges.

Bertil Johansson

(Continued from page 6)

also thankful for his athletes over the last 19 years who have shown excellence on the track and trails. Perhaps most of all he extends his appreciation to his wife and family who have supported his work in serving Alberta sport for the past 26 years!

LCC's honoured Bertil Johansson is married to Julie and they have three children, Chris, 23, Stephanie, 18 and Mike 15. The ACAC is proud to have Bertil among its talented group of cross-country coaches!



WAYNE LALOR MEMORIAL SCHOLARSHIP

Courtesy of RDC Athletics

The Wayne Lalor Memorial Scholarship celebrates the life of the man known respectfully as the founder of Red Deer College Athletics. Coaching through four decades, Wayne Lalor

**Wayne Lalor
1935 - 2004
His legacy lives on...**

was born in Innisfail, and found early his passion in sport, most notably basketball and baseball. Mr. Lalor's career with Red Deer College Athletics had a humble beginning in the 600 Wing at Lindsay Thurber Comprehensive High School, growing to a nationally-recognized program that has touched and inspired many. Wayne is remembered for his high level of integrity and honesty, characteristics which remain pillars of RDC Athletics. He believed fully in the student athletes of central Alberta and this award reflects his vision. Wayne's interest was always in helping students meet their potential on the court and in the classroom. Within the central Alberta sporting

community, Wayne officiated in the sports of football, basketball, track and field and speed skating. He was instrumental in the grass roots

development of minor baseball in Red Deer, and coached minor ball for 7 years. Wayne was instrumental in the formation of the Red Deer Riggers Baseball Club and served the organization as president, general manager and statistician for over twenty-three years. Wayne was honoured to be chosen the ACAC Coach of the Year in 1981 and Red Deer's Sportsman of the Year in 1989.

Recipients of the Wayne Lalor Memorial Scholarship chosen annually by the Lalor family, will be students from the Red Deer area who have excelled in both academics and their chosen sport.

Wayne's Leadership Roles:

- Head basketball coach, men 28 years, women 3 years
- Instituted the Red Deer College Physical Education and Athletic Department in 1964 and 1965.
- Served as Academic Chair and Director of Athletics over a span of twenty years.
- Executive member of the Alberta Colleges Athletic Conference as president, secretary-treasurer, and basketball convenor.
- Vice President and Secretary position on the executive of the Four West Conference (4 Western provinces)
- President of RDC Faculty association and the first faculty member of the RDC Board of Governors

Michelle Willson

Michelle started playing basketball during her Jr. High school days at River Glenn School in Red Deer, moving on to play for Kathy Lalor at Lindsay Thurber. In her two years at RDC playing for the Queens Basketball team **Michelle Willson** has established herself as a leader on and off the court. On the basketball court Michelle is leading the league in rebounds 10.5/game led both divisions with 15.8 points per game in the ACAC. She is an inspirational leader to her team and can be counted on to get the job done for the Queens. These traits earned her a place on the ACAC 1st All-Conference Team in 2004. In the classroom Michelle's diligence has earned her both an Academic Excellence Award as well as recognition as a CCAA Academic All Canadian. We would like to congratulate Michelle Willson on receiving the Wayne Lalor Memorial Scholarship.



Photo Courtesy of Red Deer College

Jordan Brown

Jordan is known as one of the most exciting players to watch on the basketball court. His drive to the hoop is virtually unstoppable as is his drive to excel in his studies. **Jordan Brown** started his basketball days at Central Middle School, moving on to lighting up the court for Dwayne Lalor's Lindsay Thurber Raiders squad. Jordan's well rounded approach to his game has made him a team captain and defensive leader to be taken seriously by his opponents. Likewise in the classroom; Jordan is pursuing a degree in Communications and is in his second year of studies maintaining one of the highest GPA's on the Kings squad. We would like to congratulate Jordan Brown on receiving the Wayne Lalor Memorial Scholarship.



College's Athletes of the Year

Awards Night is often a grandiose affair that would make the Oscar's blush. It's a chance to see all the teams and athletes in one place in formal attire, outside the blood, sweat and tears in the gym. The colleges put on a fabulous show, and unlike some other awards shows, have no time limit on thank you speeches. It is a celebration of sorts that makes your throat tighten and your school pride swell. This is the chance to recognize team MVPs, Most Improved Players, Rookies of the Year, Unsung Heroes, and leading players of any statistics imaginable. From amongst these individuals, several athletes will be recognized above all others. These are the Athletes of the Year, the college's best male and female athletes for this season. Congratulations to all of the College's Male and Female Athletes of the Year!

Female Athlete of the Year: Carolyn Macdonald

Carolyn came to MacEwan in 2003 as a two time National champion and Canadian MVP. As a Griffin she has been an ACAC all-star both seasons and was a 2005 All Canadian for Alberta Women's volleyball. She has participated in our National Team program. Her teammates describe her as someone with a smile on her face and a positive outlook, the epitomes of kindness, a sweet person. Someone with a passion for the sport and a huge heart. She is the chocolate loving, maniac-baritone, who gives the best hugs. Right side - strong side, a leader, a Griffin. Carolyn will return home next season to continue her career as a member of the University of Calgary Dinos.



Male Athlete of the Year : Robbie Valpreda

Robbie led the Griffins to a 21-3 league record good enough to capture 1st place in the ACAC. In 2004-05 Robbie led the league in rebounding with over 12.5 boards a game and was second in the scoring with 20 pts per game. In his time as a Griffin Robbie has become an outstanding leader and role model for his team-mates. He has the ability to reach every member of the team and make them apart of the team's success. Robbie's determination and confidence has been a large factor in allowing the Griffins to pull together as a team and have such a great year.

Robbie is also very active in the community were he works with children both in the classroom and on the basketball court. Robbie's warm and giving personality has made him a favourite with all those who meet him and will allow him to be a great educator, and reach the kids he will work with in schools.

Most Outstanding Curler: Gilbert Leblanc

Gilbert Leblanc, a resident of Beaumont, Alberta is going into his 3rd year of study in the Turf Management Program at Olds College. He has been a member of the Olds College Men's Curling team for the past two seasons. He has displayed



great leadership in the 3rd/Skip positions, and has been a quality all round player. This award was given to Gilbert though selection by his fellow Olds College Curling team members, we look forward to seeing him in the Fall to once again bring his leadership to the Olds College Curling program. (Note: Olds College competes in ACAC Curling and Golf)



Female Athlete of the Year: Stacey Toews

Stacey was the women's volleyball team's go-to-player all year long. As the team captain, she had an extremely consistent season, led the team in kills, digs and in playing time and was third in serving aces. She was selected to the ACAC All-Conference team, finishing second in the division in kills, 9th in digs and 11th in aces. She was awarded numerous player of the game awards, including one at the conference championships where she also finished 3rd in total kills. Ladies and Gentleman, the 2004 Outstanding Female Athlete of the Year - Stacey Toews.



Male Athlete of the Year : Brendan Lutz



Brendan was the men's soccer team's most consistent performer throughout the 2004 season. He displayed leadership and flexibility by playing in four different positions throughout the year. Brendan was tied for top goal scorer on the men's team. In addition to his skills on the soccer field, Brendan also met all of the team's expectations off the field. After the completion of the soccer season, Brendan joined the Men's Volleyball program full-time and made an instant impact to the men's line-up. Initially starting as a Libero, Brendan finished in the ACAC's top 10 in total digs. Midway through the season, due to injuries, Brendan was thrown into the starting setter position even though he had never played that position before. His excellent leadership skills and versatility enabled him to lead the team from both positions. Overall, Brendan was 5th on the team in kills, 3rd in blocks, 2nd in service aces and 2nd in total digs.



College's Athletes of the Year

Female Athlete of the Year: Torri LaRocque

Torri had an incredible sophomore season for the Oaks Badminton Team, winning an ACAC Bronze medal in both women's Singles and mixed doubles and would have won a medal in Mixed Doubles but chose to rest her ailing arm for the Team Championships, the next day. Torri was always counted on to play the maximum two matches against every college. Torri was a dominant player in the ACAC and was chosen as an ACAC All-Conference Player and was a CCAA Academic All Canadian. Torri always led by example and having her on the team made her team-mates better players as well as better individuals. Congratulations Torri on an outstanding badminton career at NAIT!



Male Athlete of the Year : Tim Barlow

This year Tim Barlow firmly established himself as the top goalie in the conference by leading the league in save percentage (.929), goals against average (2.55) wins with 15. Tim gave the team an opportunity to win every game. His competitiveness and desire to succeed was infectious to the rest of the squad and made him one of the leaders of the team. This year Tim's achievements were recognized by the ACAC as he was selected first team All Conference. A third year Power Engineering student, Tim can also get it done in the classroom where he has been an honours student for the past two years.

Female Athlete of the Year: Amber Smart

In her second year with the Concordia Thunder, Women's Basketball team, Amber led her team to a 22-2 ACAC regular season record and captured gold at the ACAC Provincial and CCAA National Championships. In 2004-05, Amber led the league in assists with 5.23 assists per game, and led the team in scoring with 10.86 points per game. For her outstanding achievements she was named ACAC Athlete of the Year and Tournament Most Valuable Player at the CCAA National Championship.



Male Athlete of the Year : Jonathan Vandervet

In 2004-05, Jon went throughout the season undefeated in badminton singles play. He also went undefeated at the Hawaii Open and won gold in all three divisions: Mixed, Doubles, and Singles. Jon was named CCAA Male Badminton Player of the Month and CCAA Badminton Player of the Year. He won gold at the ACAC Provincial Championship and CCAA National Championship in the Mixed division. Jonathan's strong leadership demonstrates itself both in practices and matches, and his outstanding performance helped Concordia at the Provincial and National Championship.

Female Athlete of the Year: Pamela Reinke

In her fourth year, Pam led one of the toughest Women's Basketball leagues in the country, the ACAC North Division, in both scoring (15 points per game) and rebounding (9.13 rebounds per game). Proving her worth to the team effort, Pam was also tenth in assists at 2.92 per game, making her one of only two players in the ACAC North to be on each statistical leader board. She was selected as an ACAC All-Conference Award winner and an CCAA All Canadian.



A unanimous choice to be one of this year's captains, Pam is a leader both on and off the floor. Quiet, confident and intelligent, Pam could always be relied on to make the right decisions of the floor, while displaying the utmost of fair play with other players, coaches and officials. As a fourth year captain, she went out of her way to ensure that the younger players were settling into the new atmosphere at university and that they understood the 'Vikings factor', and what it takes to be involved in athletics and succeed academically at Augustana.

Pam is enrolled in a four-year Bachelor of Arts degree with a major in Physical Education and a concentration in Psychology. She is an honours student heading into her final year of study. She has received the coveted CCAA All Canadian Academic Award.

Male Athlete of the Year : Bruce Carbert

In the competitive ACAC Men's Basketball North Division, Bruce finished 10th in scoring and second in rebounding and was selected as an ACAC All Conference Award winner.

Bruce has committed himself to the highest ideals of fair play and leadership through service. As a team captain and leader, Bruce has provided an excellent model for others to follow. He is always open to a diversity of perspectives and backgrounds, and maintains his connection with his rural upbringing.

Bruce's strength of character combined with a commitment to his team and teammates have made him a highly valued and successful member of his team. He is a positive, effective ambassador for Augustana and is an excellent example of how the combination of success in the classroom and in the chosen field of athletic endeavor can prepare individuals for a lifetime of achievement. He is a honours student and is a recipient of the CCAA All - Canadian Academic Award.



College's Athletes of the Year

Female Athlete of the Year: Penny Thompson

Penny was a late season addition to the Wolves women's x-c team, but her stellar performance at the ACAC championship race allowed the Wolves women to capture their second ACAC championship in the past three years. Thompson led the ACAC race until the final 300m before settling for the individual bronze medal.



At CCAA nationals, Thompson again set the early pace, but was narrowly out-leaned for the bronze medal, placing fourth. The Wolves women's team captured the team silver at Nationals.

Thompson is a true multi-sport athlete. She is the reigning Grande Prairie triathlon champion and one of the better women x-country skiers and biathletes in the province.

Female Athlete of the Year: Katherine Davis-Pajor

As a third year player, Katherine Davis-Pajor has contributed to the success of her Wolves volleyball team in a number of significant ways. Not only did she persevere her way through a knee injury early in the season, but she then went on to earn ACAC athlete of the week, MVP at Provincials and was selected as a member of the first All-Star team at Nationals. Katherine has an ability to both encourage and push her team-mates to succeed. She has been an exemplary captain who models team in everything she says and does as a competitor and a person. Katherine always leads by example and in so doing, sets the standard high for others to follow.

Male Athlete of the Year : Kyle Reynolds

Kyle became GPRC's first-ever individual national champion last November when he out-leaned Augustana's Carl Skinstad for the win at the CCAA Cross Country Running Championships in Edmonton. In addition to his Nationals victory, Reynolds won two other ACAC races during the season. At the ACAC Championship, his 3rd place finish helped propel the men's team to a bronze medal in the team competition.

Kyle also played third for GPRC's curling team and he contributed to the team winning the silver medal at provincials.

Female Athlete of the Year: Katherine Keys

Katherine Keys came to Lakeland College from the University of Saskatchewan. On most nights Katherine was our best player, or at least one of our best. Katherine came to play at the first practice, and kept that great intensity up all year. She was our hardest working player in practice and at games. Katherine was a source of great inspiration to her team-mates, her work ethic has rubbed off on many of the other players on our women's basketball team.



Katherine gave her opponents all they could handle, playing tough defence and excellent offence throughout the year. She also came through with some clutch performances to secure a couple of wins with late free throws.

Katherine was selected to the ACAC Second All-Conference Team. She is an excellent student, barely missing honours achievement, and an Academic All-Canadian award, by a couple of percentage points.

Male Athlete of the Year: Jordan Cossette

Jordan played a very solid role on Lakeland College's Basketball team. Jordan was among the league leaders in all three statistical categories: points, assists, and rebounds. He was leading the league in assists before injuring his ankle and forced to miss the final two games of the season against NAIT. Jordan is also capable of bringing the ball up the court against any opposition or dribble penetrating a defense, which takes a great deal of pressure off our point guards.

Jordan is not only an offensive threat, he is also one of our best defenders. Routinely, Jordan is assigned to defend against the opposition's best big man. He is a team leader in steals and blocked shots.

Jordan was a ACAC Second Team All-Conference , and won Academic All-Canadian honours. Two Lakeland athletes, Mike Page and Jeff Lander, were selected ahead of Jordan as first team all conference selections, but Jordan's well rounded game resulted in his selection as the Lakeland College Rustlers 2004-05 Male Athlete of the Year. His excellent academic performance (honours) didn't hurt either!

Female Athlete of the Year: Rebecca Delleman

Affectionately known as Becca to her team-mates, she was an easy pick for this award. As a third year athlete, she was captain of the women's basketball team. She is intense on and off the court, always giving 100% to all she does, and never gives up. Outside of Clipper basketball, she was the assistant coach of the Jr. girls High School basketball team and rallied those girls in the same way she did her own team-mates. Having played every game this season, and a major contributor in each one, Becca was recently named co-MVP of the Clipper women's basketball team as well.



Male Athlete of the Year : Jesse Vanderveen

Wearing the blue and gold for 4 consecutive years, he became the natural captain of the men's hockey team this season. He has proven himself on and off the ice as a hard worker, tough competitor and a natural leader. In all his years, he rarely missed a game due to injury. On the ice he is a forward with a hard, accurate shot. Off the ice, he has taken the time to help the younger hockey players develop. He has assisted with early morning clinics and minor hockey practices during the week. He is an excellent student as well who encourages his teammates to be the same. In 24 games this season, Jesse had 6 goals, 11 assists and a remarkable 8 penalty minutes, he was recently awarded the Clipper hockey team MVP for the 2004-05 season as well.



College's Athletes of the Year

Female Athlete of the Year: Shauna Mellon

In her first season with the Huskies, Female Athlete of the Year Shauna Mellon also made a significant contribution to both the Soccer and Volleyball programs. Shauna was considerable presence on the soccer pitch as the team sweeper before competing with the Women's Volleyball team as a libero. Shauna will return to the Huskies line up next season as she completes her University Studies program.



Brent Butt Memorial Award Winner: Lisa Collins

Lisa Collins took home the Huskies most prestigious acknowledgment due to her tremendous season on the cross-country running circuit. After a Silver medal performance as the ACAC provincials, Lisa won a Bronze medal at the CCAA National Championships in her second season with the Huskies. Lisa will be transferring home to Memorial where she plans on competing in the Canadian Interuniversity Sport system.

Male Athlete of the Year : Matt Bird

Male Athlete of the Year, Matt Bird completed his second season in the ACAC with numerous sporting responsibilities. Playing goal for the Huskies, Matt served as the last line of defence on the Soccer pitch before stepping on to the Volleyball court as one of the North Divisions strongest Middle players. Matt will return for his third season as he plans on enrolling into the Keyano College EMT program.

Female Athlete of the Year: Helen Nichol

Helen ran the table this year, winning every conceivable ACAC and CCAA badminton award. Her achievements include; ACAC and CCAA gold in women's doubles, ACAC and CCAA team championship, an ACAC All-Conference Team selection, as well as the CCAA's nod for Badminton Female Athlete of the Year. In addition, Helen obtained a G.P.A. of 3.40 in the fall semester.



Female Athlete of the Year: Amy Gill

Team Captain Amy Gill has been the heart and soul of the Cougar women's soccer team for the past four years. She capped off her collegiate career this season with a silver medal finish at nationals, the best finish ever for the College's storied women's soccer program. Her leadership qualities are second to none both on and off the field which is evident by her 3.84 G.P.A. in the fall semester.

Male Athletes of the Year : Wayne Ellis

Soccer athletes continue to dominate the major awards this year for the Cougars as 22 year-old Team Captain Wayne Ellis has been selected as the Cougar Male Athlete of the Year. Ellis, a 3rd year athlete and business student capped off his collegiate career with ACAC and CCAA championships this season. Wayne's academic achievements are equally impressive as he obtained a G.P.A. of 3.38 in the fall semester. Ellis will move on to the University of Calgary next year to focus solely on his academic pursuits.

Athlete of the Year

Portage College will name their Athletes of the Year at their Awards Night on May 16. See the fall edition of the ACAC Outlook for an update.



Female Athlete of the Year: Holly Ratzlaff

Cross-country runner, Holly was a natural choice for Female Athlete of the Year. She won Gold at the CCAA National Championship and ACAC Provincial Championship. She has been ACAC's Athlete of the Week twice and three times as SAIT's Athlete of the Week. Her accomplishments just don't end on the field. A student of Exploration Information Technology, she has a GPA of 3.68, and is a recipient of the CCAA All-Canadian Academic Award.



Holly is very active in local fundraising efforts and has received the City of Calgary Booster Club Recognition Award. She has represented Calgary in international competition, is a Calgary Track & Field member, and high competitor.

Male Athlete of the Year : Chad Davidson

Trojan goaltender, Chad Davidson had many accomplishments throughout the year and has earned him the recognition of Male Athlete of the Year. Chad won Gold at the ACAC Men's Hockey Championships and was named to the 2nd team All-Star. He was 2nd in Goaltending leaders with 2.72 GAA and .910 save percentage. He received SAIT's Athlete of the Week four times and had a regular season record of 13 wins, 3 losses, and 1 tie. In the playoffs, he was an outstanding 3.70 GAA, .94 save percentage with a playoff record of 6 wins, 4 losses. Chad's accomplishments does not only excel on the ice, but in the classroom, as well. He posted a 3.95 GPA, and was named 2003-04 ACAC Academic Player of the Year & SAIT's Academic All-Star Team. Chad is a member of the Trojan Outreach Program, and Operation Warm Feet.



College's Athletes of the Year



Female Athlete of the Year: Kristen Dykstra

Kristen Dykstra is a 3rd year graduating player. Kristen was a big part of the Eagle's success. She was named team captain and helped the Women's Volleyball team qualify for the Provincial Pool the last 3 years. She was an ACAC All-Conference player the 2003-04 season.



Male Athlete of the Year: Rob DeJong

Rob DeJong was named to the First Team ACAC All-Conference, AVA Rookie of the Year, and CCAA All-Canadian. Switching from basketball to volleyball this year, Rob has definitely made an impact!



Female Athlete of the Year: Melissa Laluk

Melissa Laluk was the starting power hitter for the Queens Volleyball team. She was an ACAC 1st Team All-Conference and CCAA 1st Team Tournament All-Star. Melissa led the ACAC in kills (258) and scored over 4 points per set. Melissa is a silent-lead-by example type of player, who when called upon for big points rose to the task. She was the main reason why Queens Volleyball won many of their second half season games. She was a dominant force in the ACAC final 8 and at Nationals in Quebec City.



Male Athletes of the Year : Joey Martins

Joey had many accomplishments for the 2004-05 season. Joey was named CCAA National Tournament MVP, CCAA Volleyball Player of the Year, CCAA All-Canadian Team, and ACAC 1st Team All-Star.



Joey assists with various clinics and club volleyball teams, has officiated for high school and junior high games, and participated in the Terry Fox Run.

ACAC Cross Country Running Review

Submitted by Brian Stackhouse, outgoing ACAC Cross Country Running Convenor

With our athletes now having the opportunity to compete in CCAA Championships, the past three years have been particularly exciting for us. For the third consecutive year, the ACAC Conference teams, both Women's and Men's, have won CCAA gold medals with the margins of victory becoming smaller as the level of competition increased. This was the first year that four provincial conferences, ACAC, OCAA, BC and Quebec were represented. The Lethbridge women won the CCAA College competition with Grande Prairie a close second. Augustana won the CCAA Men's College competition. The other three College medal winning teams were from OCAA. Individual medal winners were Holly Ratzlaff, SAIT (gold), Lisa Collins, Keyano (bronze), Kyle Reynolds, GPRC (gold), and Carl Skinstad, AUC (silver) with the other

two medal winners coming from OCAA. Complete results for both CCAA and ACAC are available on Mark Lund's web site (www.artsci.gmcc.ab.ca/people/lundm/acac04/index). Grant MacEwan College did a superb job of hosting in spite of snow and ice on the course. Fleming College in Peterborough, Ontario will host the 2005 Championships and GPRC is committed to submitting a bid for 2006.

Concordia University College was an excellent host for the ACAC Cross Country Running Championships with technical assistance from Mark Lund. Lethbridge (first in Men's, second in Women's) and Grande Prairie (first in Women's, third in Men's) won a disproportionate number of team medals with Augustana (second in Men's) and SAIT (third in Women's) taking the remainder. 11 ACAC

Colleges, the majority with complete Women's and Men's teams, competed including 48 Women and 48 Men – that can't be beaten for gender equity! Participation is down a little from a high of 15 Colleges about five years ago but the quality of competition is higher than ever. We strongly encourage all ACAC Colleges to support their runners who wish to compete. Compared to other sports, Cross Country Running is relatively inexpensive and teams from different Colleges cooperate with each other by sharing travel arrangements to competitions. Keyano College will host the 2005 ACAC Cross Country Running Championships and already several Colleges are exploring sharing bus transportation to get there.

Mark Lund has taken the initiative to arrange for a user friendly timing system to be used for the ACAC Championships and shared by Grand

(Continued on page 14)



ACAC Cross Country Running

(Continued from page 13)

Prix race organizers. It looks like this will be available for the Fall, 2005 season.

The Grande Prairie coaching team of Bill Corcoran and Rick Scott were selected by their peers as ACAC Coaches of the year. Bill is a fully certified Level 3 NCCP Distance Running coach and Rick is a Level 1 NCCP Track and Field coach. Bill looks after the technical program, Rick looks after the administrative details, and both train with their athletes. In addition to coaching the GPRC team, both coach and contribute in the local community including with the Alberta

Summer Games and establishing the Wapiti Striders Track and Field Club. They have also organized a "Wolves Cross Country Series" in Grande Prairie and surrounding area. Under their leadership, GPRC has been a consistently strong supporter of the CCAA X-C Running program (prior to that the ACAC-BCAA Interprovincial X-C Championships) as well as the ACAC Grand Prix X-C series, all this in spite of Grande Prairie's remoteness. Bill has an excellent running web site, www.runquick.com, and does online coaching as well. GRPC is one of the smaller colleges in ACAC but consistently produces competitive running teams, a testament

to Rick's and Bill's coaching both at the College and in their community. Many of their athletes such as Jessica Schmidt, Jenna Huber, and Fred Settingington, have gone on to compete successfully in CIS and NCAA. For more details, check out the ACAC web site, www.acac.ab.ca. Well deserved Rick and Bill!

Bill will be assuming the prestigious ACAC Cross Country Running Convenor position effective this spring. Bill will do an excellent job as long as people are willing to tolerate corny jokes. Good luck Bill.

Elite Sportswear Introduces New Basketball Scholarships

By Bob Day, ACAC Executive Director

As an exciting 2004-05 basketball season came to a close, the ACAC Office was pleased to announce that Elite Sportswear, a longtime partner with Grant MacEwan, NAIT and The King's University College and since the fall of 2002 a partner with the ACAC, announced the creation of two continuing \$500 scholarships for the ACAC's female and male basketball players of the year!

Currently, the Conference has several \$500 scholarships in place for the ACAC Players of the Year in women's and men's sports and Elite is a natural partner in this venture!

The Conference believes that such a partnership represents a terrific addition for both the ACAC and Elite as many of our institutions have enjoyed mutually beneficial relationships with Elite and extending this relationship further by way of a perpetual scholarship seems like a natural fit! Recent openings of Elite outlets in Calgary and Red Deer make it even more likely that other institutions among our membership will discover the Elite advantage in the months to come.

Clearly, a scholarship is a most attractive type of

sponsorship/support. We are, first and foremost, in the business of post-secondary education and believe firmly that college athletics is an important partner in the educational process. The notion that Elite would recognize this relationship through the creation of a scholarship must surely be viewed by our membership, and Elite business associates and customers and the public as a most attractive one.

These awards were recently presented at this year's college awards ceremonies. Recipients of the Inaugural Elite ACAC Basketball Player of the Year Scholarships were Mickey Folsom of Lethbridge Community College and Mike Page of Lakeland College. Bryan Thomas, VP Sales & Marketing for Elite congratulated these fine players on their successes on the court and in the classroom this season.

The ACAC thanks Elite for these most valuable awards!





Keyano College Huskies Athletics Announce 2005 Soccer Coaching Staff

By Wade Kolmel, KC Athletic Director

The Huskies Men's & Women's Soccer programs will be entering their 4th season of ACAC soccer competition under new leadership. Joining the Huskies Coaching Staff are Tiffany Booth who will take over the Men's Soccer program while long time supporter of Huskies Soccer Terry Bielecki will be leading the Women's squad.

Terry has lived in Fort McMurray since 1997, contributing to the local soccer environment as a Level III official, and in various other coaching capacities including the NCCP III level. Most recently Terry is known as one of the founding volunteers of the Fort McMurray Strikers Women's Team and previously coached the Fort

McMurray Fury Women's Team that won Gold at the Alberta Provincial Championships (outdoor) from 1997 through to 2000. As a player, Terry competed at the CIS level with the Lethbridge Pronghorns where he earned a Bachelor of Arts with a Major in Physical Education. As a volunteer, Terry served as the Technical Assistant for the North West Peace District for 9 years and is recognized provincially as the 1989 Alberta Soccer Association "Shield of Merit" recipient.



Tiffany Booth joins the Huskies after completing four years of NCAA Division I eligibility with University of Colorado. Tiffany competed within the Alberta Provincial Team program for 6 seasons before becoming a carded player within the Canadian National Under 18 program. Training at such an elite level has created numerous opportunities to coach both male and female athletes over the course of Tiffany's career as an aspiring soccer player. Tiffany graduated with a Bachelors Degree while at Boulder and will be joining Keyano College as the Recreation Coordinator.

Keyano welcomes these experienced and dedicated individuals into the Huskies den!

Prairie Bible College Sends a Fond Farewell... But It's not Game Over!

By Craig Wilsman

It is with great sadness that we (Prairie Bible College) are leaving the ACAC. It has been a great opportunity for our students, our staff & faculty, our coaches and our fans to enjoy some of the best basketball in the Canadian collegiate ranks. It was even more than the basketball as many of you know.

The memories are numerous: the relationships, the competitions, the post-game pizza times, the annual Athletic Director/Coaches meetings, the National CCAA meeting, the side-bar interactions were all worthwhile. The decision the college has made is one that I personally support for Prairie for such a time as this, but I hoped it would not have had to be made.

My final good-bye is filled with disappointment, sadness and yet excitement about the future. I know that there is a God who has all things in control and is in control of this decision even though it "appears wrong" to many. Some of you are aware of our post game pizza-times with some of the teams. I enjoyed encouraging visiting players to think and have often asked what their plans were after college? I would then ask; Then what? Then what? Then what? I trust that if any of the athletes and/or coaches I talked with might have questions about spiritual things that they still feel free and unthreatened to call or e-mail me your questions. I would welcome the opportunity. At the end of our lives, after all the games are done, it will be

my hope that the game of life was played as seriously as the game of basketball. I hope you take opportunity before someone more significant than me says "Game Over".

Bob and I would like to thank you for sharing your insights, perspectives, opinions, laughter and lives with us. We have been challenged, taught and have grown because of our time together...

Craig Wilsman (SPORT Director, Head Coach Men's Basketball and AD from 2000-2004)

Bob Murray (Director of Athletics, Head Coach Women's Basketball, Cross Country)



The King's University College: Growing to Serve

By Gail Southall, TKUC Public Relations & Claire Paterson, TKUC Athletic Director

Twenty-five years ago The King's College opened its doors for the first time, welcoming 75 students, a handful of dedicated faculty and staff and a grass roots supporting community, all committed to a vision of integrated faith and learning. These founding men and women of yesterday could scarcely dream of a future for this institution that would resemble today's reality.

Today's visionaries picture an even brighter tomorrow for The King's University College. Conservative estimates see more than 1000 students attending King's by 2010, and with the 20-acre campus facilities already pushed beyond capacity, a major building program is underway. The first of four residence towers has recently been completed allowing more than 200 students to benefit from on-campus living. Further, to address the growing need for classrooms and offices, student lounges, meeting rooms and dedicated spaces for theatre arts, psychology and computing science, construction of a 4,700 square metre, \$6 million academic building

expansion is in progress with completion slated for fall 2005.



New Student Residence located on the TKUC campus

Capital projects are made up of more than what the eye beholds. Look beyond the blueprints and you'll see the real building blocks behind the King's expansion – the people. The extraordinary support received from alumni, faculty, staff, corporations, and friends of the University College is helping King's to build a tradition of success. To date, more than \$3.6 million in gifts and pledges towards the *Growing to Serve* fundraising campaign has been given. Growth in The King's Group RRSP and supporter loans is expected to provide another significant portion of financing.

Along with the fantastic strides King's

is making around its campus the Eagles athletics program continues to develop and achieve success. This past year our men's volleyball program added to our banner count by capturing the ACAC Bronze Medal. Rob deJong led the way as he was selected as a CCAA All-Canadian and received the new ACAC Rookie of the Year award which is sponsored by the Alberta Volleyball Association. Four other men's volleyball players were recognised at the ACAC All-Conference level along with a women's volleyball player and men's basketball player. The soccer squads are also coming into their own in their third season of play as the women's team enjoyed its first ACAC win. It is a truly exciting time to be a part of The King's University College.



UCC SUN DEMONS SHINE IN CHAMPIONSHIP FINAL

By Trevor Elliott, Sports Editor, NAIT Nugget

The 2005 CCAA Men's National Basketball Championships lived up to its promise of providing edge-of-the-seat entertainment and thrilling finishes. Tournament spectators and promoters could not have asked for a better Championship Final than the electrifying finish between the top-ranked UCC Sun Demons and the Grant MacEwan Griffins.

Fans flocked to the Championship Final and lined up for more than an hour to get the best

seat in the house. The Sun Demons and Griffins provided an intense, emotional finale that will be remembered by the over-capacity crowd for years to come.

CCAA All-Canadians Sean Garvey and Robbie Valpreda were shining stars in this offensive contest that never exceeded a 7-point differential. The two sides were very evenly matched; however, experience proved to be the key factor in UCC's 83-76 championship victory.

CCAA Coach of the Year, Nevin Gleddie, finally produced the result that had evaded the Sun Demons for the past 9 years. UCC had competed in the National Championship for 7 of the past 9 season; however, this year was special as Gleddie combined the perfect mix of experience and youth in his champion Sun Demon team. Congratulations to UCC for their outstanding performance in this year's tournament and good luck in the CIS!

Gold - UCC
Silver - MacEwan
Bronze - Malaspina

The Cinderella Malaspina Mariners also were memorable contributors to the tournament as the BCCAA team combined speed and agility to burn past their opponents. Like the Mariners' previous three games, Malaspina took an early lead however, the Hawks exploited the situation when Jason Hubbs sat the final eight minutes of the first half after getting into early foul trouble. The lead changed hands several times

and coaches were forced to think on their feet as their starters were plagued by foul troubles. CCAA All-Canadian Hubbs proved to be

the difference as the Mariners took the Bronze with a 69-61 victory over the Hawks.

Other Saturday games included a rematch of the OCAA Championship final as the #2 Humber Hawks defeated the #5 Centennial Colts 83-63 in the first Bronze semi-final. #7 Malaspina defeated #4 Vanier 92-83 in the second Bronze semi-final. #8 NAIT Ooks defeated #6 King's Blue Devils 85-70 in the 7th Place game.

Championship Saturday was the culmination of a year of hard work and planning by all teams as well as the Championship committee. Numerous staff, volunteers, and sponsors worked countless hours to put on such a successful tournament and should be recognized for the tremendous effort that was displayed by all.



Photo by Colin Northcott

Tournament MVP

Sean Garvey (UCC)

First Team Tournament All-Stars

Shane Dennie (Humber)
Jason Hubbs (Malaspina)
Alexander Steel (MacEwan)
Robbie Valpreda (MacEwan)
Brent Traxel (UCC)

Second Team Tournament All-Stars

Adrian Sapp (Vanier)
Jerome Stephenson (Centennial)
Jason Walcott (Humber)
Richard Boyland (Malaspina)
Jon Turner (UCC)

Doug McCallum Fair Play Award

Malaspina Mariners

SAIT HOSTS NATIONAL CHAMPIONSHIPS IN BRAND-NEW GYMNASIUM

By Guy McLaughlin

SAIT's renovated gym re-opened March 14 with a whole new look, retractable bleachers and a floor that gleams like a polished mirror.

The official opening ceremony was attended by more than 200 students and employees and included speakers from SAIT's Executive and the women's basketball team.

"This gym is now one of the best facilities in the league and we are so proud to be hosting the nationals"

Academic Vice President Gord Nixon spoke of the link between academics and athletics. "One of the Trojan pillars is academic success," said Nixon. "This means that all SAIT Trojans are in good academic standing. In fact the average GPA of our Trojan athletics is higher than the SAIT average."

Board of Governors chair Doug Mitchell spoke on a similar theme as he described the importance of athletics to the well-rounded graduate. He said employers look favourably upon those who demonstrate their commitment to extra-curricular activities.

The 20,000-square-foot gym has been completely refinished. The maple floor



SAIT President and CEO Irene Lewis does the honours with a little help from Troy the Trojan Horse during the grand opening of the newly renovated gymnasium March 14.

Photo by Russ Peters



was sanded down, painted with logos, basketball and volleyball lines and the entire surface finished with four coats of a high-gloss sealer. A new curtain divides the main and auxiliary gyms.

The piece de resistance is the new seating. The former clumsy, manually operated bench-style bleachers have been replaced with electronically retractable individual seating.

The gym's walls, curtain, paint scheme and seating are a vibrant red, a tip of the hat to the Trojan colours.

The last word at the opening ceremony was delivered by Kelly Post, a guard with the SAIT Trojans women's basketball team.

"This gym is now one of the best facilities in the league and we are so proud to be hosting the nationals," said Post.

The three-month renovation was paid for from SAIT's budget and the inaugural event was the Canadian Colleges Athletic Association's Women's Basketball National Championships held March 17 through 19 in which eight of Canada's best women's college basketball teams competed for the national title.

SHER-WOOD
HOCKEY



TROJAN HOOPSTERS FINISH IN TOP FOUR AT NATIONALS

By Russ Peters

Some of the best female collegiate basketball players from across Canada were officially welcomed to SAIT at the kickoff luncheon for the 2005 Budget CCAA Women's Basketball National Championships in the 4-Nines Dining Room March 16.

The athletes represented eight of the top-ranked college teams in the country: the SAIT Trojans, the University College of the Fraser Valley Cascades, the Concordia Thunder, the Humber College Hawks, the Montmorency Nomades, the UNB-Saint John Seawolves, the Capilano Blues and the Edouard Montpetit Lynx.

Doug Mitchell, SAIT Board Chair and former professional football player, addressed the gathering, talking about the importance of athletics and the role it played in his life.

"Sports taught me to be a team player, caring about people," Mitchell said. "Sports also taught me to compete and to deal with



Shirtless SAIT boosters got out the paint-brushes and took to the stands to cheer on the Trojans during the team's second game of the tourney March 18.

Photos by R&G Photo Limited

competition."

He added that playing competitive sports helps to develop the energy and positive attitude central to success in life.

"The most important qualities for success in business are passion and enthusiasm," he said. "To a successful athlete there's no such thing as impossible, or a no-win situation."

In closing, Mitchell exhorted the athletes to continue to strive for excellence on and off the court. "Meet every challenge, in the gym and in the classroom, with passion and enthusiasm and never, never quit," he said.

During the luncheon, Jamie Born, a player for University College of the Fraser Valley, and Al Tuchsherer, coach for the same team, were named CCAA Player of the Year and Coach of the year, respectively.

In true Calgary style, Born and Tuchsherer were made honorary Calgarians during a traditional White Hat ceremony.

After three days of outstanding basketball, the Trojans finished just out of the medals, with Collège Montmorency Les Nomades beating



Al Bailey (left), volunteer for Calgary Tourism, officiates over the solemn White Hat Ceremony for CCAA Coach of the Year Al Tuchsherer and CCAA Player of the Year Jamie Born at the Championship kickoff luncheon March 16.

Photo by Russ Peters

the SAIT team 64 to 40 for the bronze.

The gold medal game was a western affair, with the Concordia University College Thunder out of Edmonton squaring off against the University College of the Fraser Valley Cascades.

The Thunder, #2 ranked in the championship, beat out the top-ranked Cascades with an 86 to 63 victory to take the gold.

SAIT players Talia Galbraith and Whitney Jakobson were among the 10 players selected as tournament all-stars.



KONICA MINOLTA



ACAC BADMINTON YEAR REVIEW

By *Jordan Richey, ACAC Badminton Convenor*

The 2004-05 ACAC Badminton season got off to a surprising start at the season's first tournament at Grande Prairie Regional College with Concordia University College narrowly edging out perennial favorite Mount Royal College. Mount Royal bounced right back winning the next three tournaments finishing the regular season with a 19-1 overall record.

At season's end, Concordia entered the play-offs in second place with a 17-3 record while NAIT rounded out the top three with a 12-8 record. The ACAC team play-offs took place at Concordia

University College where Mount Royal defeated Concordia in the Gold Medal round to win the ACAC Team Championship. Grant MacEwan College earned a hard fought victory over NAIT in the Bronze medal match.

The ACAC once again dominated at the National Championships, held at Georgian College in Barrie, Ontario, winning all five events. Mount Royal represented the ACAC in four of the five events including Brody Hilland in Men's Singles, Samantha Ralph in Women's Singles, Jeremy Hilland and Justin Mullaly in Men's Doubles and Helen Nichol and Kristy Lachapelle in Women's Doubles. The ACAC's final representative, the Mixed Doubles

team of Jon Vandervet and Tiffany Chan of Concordia University College rounded out the ACAC contingent. Congratulations to our talented badminton athletes!

ACAC badminton continues to be in great shape as the league has begun to develop tremendous rivalries. While Mount Royal and Concordia constantly battle it out for Conference supremacy, rivalries between NAIT and Grant MacEwan, and Red Deer College and Grande Prairie Regional College will continue to make the ACAC a competitive and quality league.

Sher-Wood Hockey Celebrates Conclusion of First Year of 4 Year Partnership With the Award of 2004-05 Player of the Year Scholarships and All-Conference Awards

By *Bob Day, ACAC Executive Director*

In the fall of 2003, the ACAC reached agreement with Sher-Wood Hockey on a four year agreement making Sher-Wood the "official supplier" of hockey sticks, gloves and pants to ACAC women's and men's teams. Included in the partnership was the creation of female and male \$500 Player of the Year Scholarships and recognition of the Conference's first and second All-Conference teams with Sher-Wood track suits.

The ACAC appreciates the fact Sher-Wood Hockey recognizes that ACAC hockey is a signal part of the educational process and as such, has created these scholarships. These \$500 awards were recently presented

at this year's college awards ceremonies. Recipients of the inaugural Sher-Wood ACAC Hockey Player of the Year Scholarships were **Miranda Miller** of NAIT and **Jesse Bennefield** of Mount Royal College.

Miranda Miller played on what was surely the most dominant line combination in ACAC women's hockey. Miranda and teammates Kerry McDonald and Lelsey MacMillan finished 1-2-3 in league scoring with Miranda leading the way with 18 goals and 22 assists.

On the men's side, Jesse Bennefield also led all ACAC scorers with 46 points including a league high 29 goals. Congratulations to both these talented student-athletes!

The ACAC welcomes Sher-Wood Hockey among our corporate sponsors and looks forward to many more years working together. Thanks you Sher-Wood Hockey for recognizing our 2004-05 ACAC Sher-Wood Hockey Players of the Year!





ACAC Announces Subway Athlete of the Year Scholarship Recipients

By Bob Day, ACAC Executive Director

The ACAC is extremely thankful for the corporate partnership it enjoys with Subway. As we entered into our fifth year of association in the fall of 2003, Subway introduced the Subway ACAC Athlete of the Year Scholarships. Subway offered two \$500 scholarships to the top female and male student-athletes in the Conference. Subsequent to the completion of our seasons and the CCAA national championships, the Conference Executive Committee sat down to review the many extraordinary performances of our student-athletes during the season in an attempt to name this year's winners. The task was not an easy one!

For the 2004-05 season, the Conference was pleased to select Concordia College basketball guard **Amber Smart** as the ACAC Female Athlete of the Year! Amber, who was named to the North Division's First All-Conference Team by garnering the most All-Conference votes in the Division based on voting by

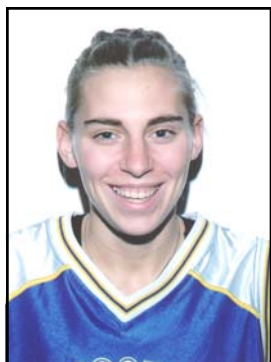
Conference coaches, led her squad to a convincing CCAA National Championship at SAIT. The fourth year sparkplug of the Thunder led the ACAC with 5.23 assists per game and placed seventh in Northern Division scoring with 10.86 PPG. Despite these impressive seasonal statistics, Amber elevated her game significantly in leading her teammates to Concordia's first national title. Congratulations Amber!

The men's recipient led his squad to a sixth consecutive CCAA National Championship. RDC Kings third year, volleyball stand-out Left Side Power **Joey Martins** was a 2004-05 transfer from Ontario's Loyalist College. Joey quickly made his mark in the ACAC and by season's end had earned the respect of coaches around the league in earning significantly more All-Conference votes than any other player in the top Provincial Pool. At season's end, Joey had amassed a total of 157 kills (5th in the Pool), 77 digs (8th in the Pool) and he led the Provincial Pool with 38 service aces, double that (.66 per set) of anyone else

in the Pool. Moreover and more importantly, Joey led the Kings to a sixth consecutive CCAA Championship in Fredericton earlier this spring. His passion for the game and play at Red Deer earned him an invitation to the Canadian National Team tryout camp this summer.

Joey's exceptional skills and achievements have earned him numerous athletic awards and acclamations for the 2004-05 season, including CCAA Men's Volleyball Player of the Year, CCAA All Canadian, CCAA Men's Volleyball National Championship Tournament MVP, CCAA Player of the Month and Red Deer College Athlete of the Year. Congratulations Joey!

These awards were recently presented at this year's college awards ceremonies. From Subway and the ACAC, congratulations to both recipients!



Amber Smart



Joey Martins



2004-05 ACAC WOMEN'S BASKETBALL REPORT

By Avery Harrison, ACAC Women's Basketball Convener

When the Concordia Thunder wrapped up the National Championships in March with a convincing 86-63 win over the University College of the Fraser Valley, it marked the fifth time in the last seven years that the ACAC Champion has won the Canadian title. It also marked the eighth consecutive year the ACAC was represented in the Gold Medal game, dating back to 1998.

Amber Smart was named Tournament MVP and was outstanding

throughout the week-end in leading her team to the championship. Thunder bench boss Scott Edwards, the North Division Coach of the Year, coached a flawless final that saw his team leading by three after 10 minutes (shooting over 60% from the floor). Over the next 10 minutes they jumped that percentage to 73% and went to the locker room at the break up 46-31. It was a lead they would never relinquish, and one of the most exciting 23 point games the Nationals could ever see with a near



Photos by R&G Photo Limited

capacity crowd of both Thunder and Cascade fans in attendance.

In very competitive North and South Divisions this year Concordia and Lethbridge finished first in their respective divisions and the Kodiaks hosted the Final Four based on the Conference rotation (next year the top finishing North team will host the women's Final Four March 3-4). Play-off action saw Grant MacEwan, Concordia, Lethbridge and Augustana advance after defeating SAIT, Medicine Hat, Lakeland, and Mount Royal respectively in the first round. At the Final Four the

following weekend, the Thunder proved to be too tough to handle as they dropped Augustana 72-54 on Friday and Grant MacEwan 70-56 to capture their first ever women's basketball ACAC Championship.

Pam Reinke from Augustana was named a very deserving All Canadian, as was CCAA nationals Most Valuable Player Amber Smart of Concordia. Mickey Folsom of Lethbridge was both All Canadian and ACAC Player of the Year in her final season with the Kodiaks. Coaches of the Year were Scott Edwards of Concordia from the North, and Brad Karren of Lethbridge from the South.

The ACAC loses many of its star players this year so it will be an interesting season in 2005-06 as some of this year's outstanding rookies will step into the star's

shoes. Also, by all accounts, the Conference will see an incredibly talented group of high school graduates take the league by storm. One thing seems certain, the competition will be tough and the ACAC will be a power nationally again next season!



Photos by R&G Photo Limited

TOURNAMENT MVP

Amber Smart (CUCA)

FIRST TEAM ALL-STARS

- Jamie Born (UCFV)
- Michelle Buhler (UCFV)
- Talia Galbraith (SAIT)
- Julie Frappier (Collège Montmorency)
- Ashley Nealon (CUCA)

SECOND TEAM ALL-STARS

- Whitney Jekabson (SAIT)
- Laurie Grenier (Collège Montmorency)
- Brandy Jones (UNB)
- Marie-Ève Lemoine (Collège Édouard Montpetit)
- Janet Ariss (CUCA)

Tournament Fair Play Award

Brandy Jones (UNB)



2004-05 ACAC MEN'S BASKETBALL PLAY-OFF REVIEW

by Craig Wilsman, ACAC Men's Basketball Convener

The 2004-2005 men's ACAC basketball season concluded with a wild finish for a great year of collegiate basketball. For some, the season ended earlier than expected and for others, they journeyed where they had not thought possible.

Congratulations to Grant MacEwan for winning the ACAC Championship and to Lakeland College for making it an exciting finish.

The North Division came out as the best of the bunch. The top North teams were Grant MacEwan, Lakeland, Concordia and NAIT. Lakeland led the standings throughout the season. Grant MacEwan seemed to wait until the last lap of the race before turning on the afterburners. The Griffins finished ahead of Lakeland with some help from the NAIT Ooks to finish first in the North. NAIT's surprising victories over the Rustlers the last weekend of play seemed to send Lakeland into a nose-dive they could not recover from.

Concordia went about their business quietly finishing third in the North with a veteran laden squad. It was during the play-offs that they made their loudest "thunder" of the season when they defeated a very good SAIT Trojans team in two straight games. Coach Ross had the play-off experience from last year's Final Four

experience at RDC that they wanted to avenge.

NAIT was perhaps a sleeper and if you were into a offering a friendly wager, you might have wanted to put all your coin on them. Already assured of a date in the "big dance", as the CCAA Nationals host, one might think that the Ooks might not have been mentally focused. As already mentioned, they shocked and dominated the Rustlers during the last weekend of the regular season to bump Lakeland down into second place and they gained some great confidence heading into the ACAC play-offs. NAIT was pitted against Red Deer College, the Southern Division champions the past two years. No one but the NAIT players and Coach Chuma Nwobosi knew they could beat the Kings of RDC. Surprisingly to some they beat the short-staffed Kings in two straight games.

Former NAIT coach Marc Dobell would have been proud of his former team's stellar performance against Red Deer. Speaking of Dobell, he got his new team, Mount Royal College into the play-offs as well. Also joining Mount Royal as the Southern Division play-off representatives were Red Deer College, SAIT and Lethbridge Community College. Red Deer was the best team throughout the season but limped into the play-offs. SAIT was very strong throughout the season but came into the playoff playing better than any team in the south. Dobell's Cougars also looked strong but they also were undermanned heading into the play-



offs. Lethbridge was one of the hottest teams in the second half destroying several teams from the top to bottom. The Kodiaks also ran into SAIT and appeared to come back down to earth going into the play-offs.

Red Deer earned the number one seed for the play-offs that they wanted but as mentioned above, they also suffered some severe injuries that no amount of coaching could overcome. The Kings lost one starter and one substitute post player (who happened to be All-Conference in 2003-04) to season-ending injuries over the last five days of the regular season. The injury bug also slowed down their All-Conference point guard who sprained his ankle for a second time during the last weekend of games. During their best of three quarter-final series against NAIT, they just could not close them out. NAIT kept hanging around and eventually wore down the injury riddled Kings who became NAIT's "Cinderella" story victim.

In this observer's opinion, SAIT was playing the best ball of any

(Continued on page 24)



2004-05 MEN'S ACAC BASKETBALL PLAY-OFF REVIEW...CONT'D

(Continued from page 23)

team in the South heading into the play-offs. They had dominated most of their opponents throughout the season. Although they lost some key players throughout the season, other guys just kept stepping it up. However, they ran into a play-off experienced team in the Concordia Thunder. Few South experts expected the Trojans to lose nor be swept in the playoffs. Quite simply, SAIT lost to a better team in those two games; a team which happened to shoot very well and deserved to win.

MRC's Marc Dobell and Head Coach Phil Tollestrup of Lethbridge both had been there before ... and that was in the play-offs. Mount Royal had to travel to Lakeland and Lethbridge to Grant MacEwan for all their play-off games, owing to the Conference rule that series between competitors in excess of 300 kilometers apart be played at the site of the higher ranked team. The Cougars were limping on only three legs and tried to make it a contest but the Rustlers were on a revenge hunt after being bumped down to second place the previous weekend. Lakeland "shot the lights out" and made short work of Dobell's Cougars. Lethbridge was loaded with quickness and shooters

but couldn't handle the stronger Griffins at the Griffindome! Despite "pushing" the ball well on both nights, the Lethbridge shooters came out cold and despite a terrific effort, they could not overcome the height and experience the Griffins had to dish out, succumbing in two straight, nearly identical games. The Kodiaks made the games close contests but their "Cinderella" story ended in Edmonton.

The ACCAC Men's Basketball Final Four was held at Grant MacEwan the following weekend. In the semi-finals, Lakeland College made short work of the NAIT Oaks, jumping out to an impressive 42-17 lead eleven minutes in and, never looking back, earned a place in the Saturday final with a 100-75 victory. In the second game, the Concordia Thunder kept in close for 18 minutes before trailing by eight at the half on their way to a 72-90 loss at the hands of the host Griffins. The next night, Concordia led by eighteen at the half and cruised to a 89-83 Bronze Medal win over the crosstown NAIT Oaks while in the Championship Final, MacEwan's dynamic duo of guard Alex Steele (23 pts, 2 assists, 5 rbd) and Robbie Valpreda (20 pts, 13 rbd)

proved too much for the Lakeland Rustlers and took the Griffins from a 26-26 half time tie to a hard-fought 72-63 victory and a spot in the National Championship!

Congratulations to Coach Darrel Cleave and the Grant MacEwan Griffins Men's Basketball Team for finishing 2nd in the National Tournament. You represented Alberta and the ACAC very well! Also, it should be noted that NAIT competed strong as the host school and did an outstanding job as the tournament hosts! The ACAC men's basketball teams and coaches should be proud!

What will the ACAC archive say about this season? Well it will say that Lakeland was ranked in the Top 10 for the first time in their school history. It will also say that it was the first time in ACAC Men's Basketball conference play that the North teams swept the first round of play-off games from the South! Regardless of some of the other stories, the archives will mention that it was another year of men's basketball in one of the strongest conferences in Canada. Great job coaches and players for another great, entertaining season!



KONICA MINOLTA





ACAC Women's Volleyball Season Ends in CCAA Silver

By *Trever Turner, ACAC Women's Volleyball Convenor*

The second half of the 2004-05 season was very competitive from top to bottom and the play-off seedings were not decided until the last weekend of play. With Red Deer College hosting the top eight teams, the fans in that area of the province were treated to some exciting volleyball. During the quarterfinals the top four seeds advanced with #1 MacEwan beating #8 Medicine Hat 3-0, #2 Red Deer beating #7 NAIT 3-1, #3 Mount Royal beating #6 Lethbridge 3-0 and #4 Grande Prairie beating #5 King's College. In the semi-finals MacEwan faced Grande Prairie and with both teams battling back and forth the match was well played with GP winning in four sets. In the other semi-final, Red Deer continued to play outstanding volleyball and beat the Cougars from Mount Royal in three sets. In the final, neither team was willing to succumb, and it went to a fifth set with the Wolves coming out on top and capturing the ACAC Crown. Congrats go out to Lee Carter and his entire coaching staff as Lee moves on to the Brandon University next year.

Provincial Championship Results	
Gold	GRPC
Silver	RDC
Bronze	MacEwan

At the CCAA Nationals, which were held at FX Garneau in Quebec City, both Grande Prairie and Red Deer played some incredible volleyball and were determined to finish the year on a positive note. With GP going in as

the #3 seed they faced a tough Ontario team, Cambrian College who were the #6 seed. Unable to stop Cambrian's top hitters the Wolves lost in four sets and were relegated to battling for the bronze medal. The Queens went in as the #7 seed and faced the BC Champions, Cariboo College who were seeded as the #2 team. The Queens dominated play and won in straight sets to set up a battle with Cambrian in one of the semi-finals.

In the consolation side the Wolves beat Cariboo in fours sets to advance to the bronze semi-finals where they faced off against the home team, FX Garneau where they battled from a 12-9 deficit in the fifth set and advanced to the bronze medal game. In the semi-final the Queens were down two sets to one against Cambrian but after regrouping the team forced a fifth set and won advancing to the gold medal where they faced the #1 seed from Sherbrooke.

The Wolves had a rematch against Cambrian in the bronze game and although they played tough, aggressive volleyball they could not win the match and settled for fourth place in the country. In the gold medal match, the Queens showed why they are one of the best teams in the country playing side out volleyball throughout the match however they could not stop Shebrooke's offensive weapons and lost in four close sets. Red Deer settled for a well-earned silver medal. Talbot Walton and his team should be proud of their efforts and congratulated for the injury-related



*CCAA Silver Medalist, Red Deer College
Photo courtesy of Photo Action and FX Garneau*

adversity that they faced this year to finish as the second best team in Canada.

CCAA National Championship Results

Gold – Sherbrooke (QC)
Silver – RDC (AB)
Bronze – Cambrian (ON)
4th Place – GPRC (AB)

Overall, women's volleyball at the college level in Alberta continues to improve and the coaches, players, and support staff would like to thank the fans and parents for the support that they showed throughout the year. It will be an exciting 2005-06 season.

Red Deer Kings “Cruise” to Another ACAC Volleyball Crown - Editor

By Keith Hansen, ACAC Men's Volleyball Covenor

The 2004-05 ACAC Men's Volleyball season was one of 1st's. Grant MacEwan College was the 1st team ever to advance to the national championships while not qualifying for the provincial pool. Lakeland qualified for the provincial pool for the 1st time and RDC finished 1st at the CCAA National Championships.

Lakeland turned heads as they qualified for the provincial pool in the 1st semester. With what can only be described as the “TOBA” connection the Rustlers battled their way to a third place ranking at Christmas and a spot in the provincial pool. This speaks volumes to the commitment Lakeland College has made to athletics; through, strong recruiting added by scholarships, Head Coach Clint McCullough was able to field a team ranked among the top of the league with the assistance of a number of quality recruits from Manitoba.

Grant MacEwan was the talk of the

provincial championships. Their 1st round win over Mount Royal was one of the most exciting matches in ACAC history going down to the wire with the Griffins winning 15-13 in the 5th. They followed this with a 3-0 win over The King's University College before falling to Red Deer in the final. Coach Bell and all of the Griffins represented Alberta well at Nationals. MacEwan's ability to turn the season around after a disappointing 1st half was impressive and a real accomplishment for those involved.

Capping an outstanding ACAC season, the Red Deer Kings won their 6th consecutive ACAC and CCAA titles without losing a set in an impressive play-off run. The CCAA final was the Kings' best match of the season missing only 5 serves in the entire set while forcing the other team into a reception average below 2.0. Joey Martins was selected CCAA player of the year and tournament MVP while Matt Harris, Andy Shaw and Tim Gourlay were on the all-star team.



RDC wins their 6th consecutive CCAA National Championship title.

Photo by St. Thomas University

(Editor's Note: Congratulations to Coach Hansen and his squad on achieving an unparalleled sixth consecutive CCAA Championship! The ACAC is proud of you and appreciative of your dedication and hard work!)





MEN'S HOCKEY IN-REVIEW

By Gary Snyder, ACAC Men's Hockey Convenor with assistance from Brian Stein, editor, ACAC Hockey Online

The 40th season of ACAC hockey was full of individual and team accomplishments. Mount Royal's Jesse Bennefield won the scoring title and MacEwan's Jonathan Grimm, who was a Christmas addition to the Griffins, posted the lowest goals against average. SAIT coach Ken Babey broke a pair of records set by Perry Pearn - most wins and most playoff games coached.

SAIT won eight in a row in the second half to finish the regular season in top spot for the fourth time in six campaigns. Halfway through the season, SAIT, MacEwan, and Mount Royal teams were tied atop the standings with NAIT one point behind. Final placing had SAIT in 1st, NAIT in 2nd, MacEwan in 3rd, Mount Royal 4th, Augustana 5th, Concordia in 6th and Briercrest College in 7th. The Trojans and Oaks both earned first round

playoff byes.

Terry Ballard (NAIT) was selected as the men's hockey coach of the year; and Jesse Bennefield (MRC) was selected as the Sherwood Hockey Player of the Year.

The quarter finals had Mount Royal facing Augustana. The two teams last met in the 2001-02 post season. The first two games of the series saw the teams exchange home victories. Joal Williams blocked 32 shots to record the shut out as Mount Royal blanked Augustana 1-0 to win the decisive game. In the other quarter final series, the Grant MacEwan Griffins faced one of their cross town rivals, the Concordia Thunder, with the Griffins advancing to the semi finals with 2-1 and 3-1 victories and a series sweep.

Mount Royal and SAIT then squared off in one semifinal to follow up on their quarterfinal match up of a year ago. Neither team won on the road in the series. Five different goal scorers bent the twine for SAIT as they triumphed 5-2 in the final game to move on. MacEwan advanced to the finals for the fourth consecutive season by eliminating NAIT in five games. The two teams traded home wins and then the clubs exchanged road victories. In the deciding game, Scott Taje lit the lamp twice as the Griffins defeated the Oaks 5-3 and ended NAIT's post season run for the fourth year in a row.

In the best of five final, the Trojans and Griffins traded home victories in the first four games. On Sunday, March 27 in front of a very large crowd at the SAIT Campus Centre, Jordan Campbell netted his second of the game with 6.2 seconds left in regulation to give SAIT a 6-5 come from behind victory over MacEwan. MacEwan had a 4-3 lead going into the final period and held a 5-3 lead late into the third period until the Trojans made a stunning comeback, in what could be one of the most memorable ACAC playoff games. SAIT scored two quick goals late in the period to tie the game 5-5 but with 22 seconds left in the game MacEwan was awarded a

penalty shot only to be denied by Chad Davidson in the Trojan net.

This was the second ACAC championship for the Trojans in the past 5 years and their 7th championship

in league history. The championship has traded hands now for the past 4 seasons. Mount Royal took the ACAC title in 2000-01, SAIT in 2001-02, Concordia in 2002-03, MacEwan in 2003-04 and SAIT again in 2004-05. Parity in the ACAC regular season was matched again in the play-offs with all but one playoff series being decided in the final game. In the final series between SAIT and MacEwan, all but one game was decided by one goal and two of the games in the best of five series were decided in overtime.



SAIT Trojans winning ACAC Gold in the 5th game 6-5 over Grant MacEwan.

2004-05 All-Conference Hockey Team

1st team All-Conference Team

Tim Barlow (goalie-NAIT)
Cole Fischer (defense-NAIT)
Colin Johnson (defense-NAIT)
Jesse Bennefield (forward-MRC)
Adam Ferrante (forward-NAIT)
Ben Stokes (centre-NAIT).

2nd team All-Conference

Chad Davidson (goalie-SAIT)
David Mills (defense-MRC)
Ryan Waldner (defense-MacEwan)
Cam Doull (forward-SAIT)
Jeremy Robinson (forward-MRC)
Jordan Campbell (centre-SAIT)

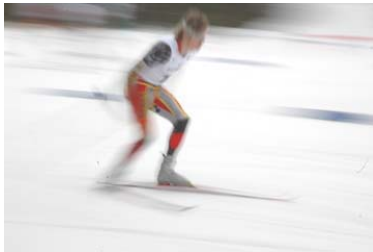


AUGUSTANA AGAIN FARES WELL AT THE 2005 CANADIAN COLLEGE AND UNIVERSITY NORIDC CHAMPIONSHIP

Submitted by Joan Skinstad, Head Coach, AUC Cross-Country Skiing

Augustana and the ACAC has another resident National Champion!

Carl Skinstad (ACAC 2004 Men's X-C Running Champion) captured the overall title at the Canadian Colleges and Universities Nordic Championships in Prince George, BC. The CCUNC event is held in conjunction with the Canadian National Cross Country Championships which took place in this northern community Feb-



Carl Skinstad 15 km. Free Pursuit

ruary 27 to March 6.

Carl has previously placed second in this competition, but managed to climb to the top of the podium this year by winning the Pursuit event and placing

second in the 7.5 km. classic race in a strong field of athletes. Eighty-one student athletes representing 19 post secondary institutions competed for honours this year in this Canadian Interuniversity Sport (CIS) and Canadian College Athletic Association (CCAA) sanctioned event. Carl also achieved best ever results in the National Championship events placing 11th in the 7.5 classic race and 6th in the 15km. Free Pursuit.

In the men's relay Adam Doogan-Smith, Andy Hallett, and Carl Skinstad placed 7th. Adam had a strong sprint qualification missing the top 16 who go on to the heats and medal round, by 0.9 of a second. Earl Zimmer also represented Augustana at these events and had a personal best performance in the pursuit race finishing in 57th place while Andy Hallett placed 53rd in the same race.

Marcia Birkigt led the women's team consisting of Sarah Stephen and Steph Corbett to a bronze medal in the Team Aggregate competition which was won by Lakehead University followed by Carleton University in the silver medal



Steph Corbett, Marcia Birkigt and Sara Stephen Bronze Aggregate winners.

position. Marcia also had a number of strong performances with a 3rd place finish in the 10 km Free Pursuit race and a 4th place in the 5 km classic event giving her bronze medal in the university aggregate competition. In the National Championships she placed 13th in both of the individual events. The women's team placed 4th in the relay.

Both Carl and Marcia were named to their respective All-Canadian Teams. Congratulations to all the team members for a very successful season.



The ACAC thanks the Foundation for their continuous, generous support of post-secondary athletics!



AD Profile: Craig Wilsman

The ACAC Bids Adieu to a Longtime Friend!

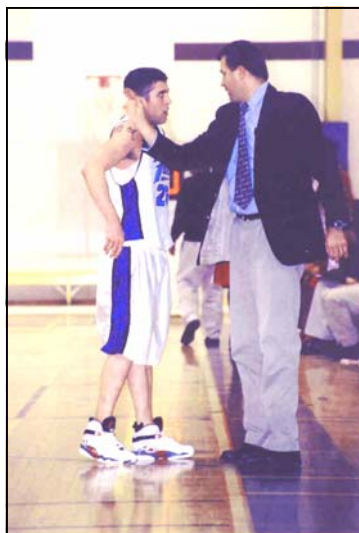


Prairie Bible College has been a member of the CCAA since 1992 and a member of the ACAC since 1995. Since 2000, the Pilots have been led by Athletic Director Craig Wilsman. The Pilots are located in Three Hills Alberta and that is where Craig now serves as the SPORT Director, as an instructor and as Men's

Basketball Head Coach (he moved out of the AD role last fall when Bob Murray joined the Prairie staff). Craig has served the ACAC throughout and is currently the Men's Basketball Convenor.

Craig was raised in Eau Claire, Wisconsin in the United States. He has a twin brother who lives and works in Deltona, Florida where Craig and his family will visit during their annual summer holiday. Craig is married to his wife Sue and they have four children, Rebecca, Elizabeth, Phillip and Brooke. They love to spend time as much as possible as a family and hiked together as a family when they hosted the delegates during the CCAA National Meeting last May in Banff!

Craig earned a Bachelor of Arts in Physical Education from Trinity College in Deerfield, Illinois (1982). He then went on to receive his Master of Science in Recreation and Parks Administration from Western Illinois University (1984). It was during his professional internship for his masters degree that his path took a distinct direction that marks his life to this day. His internship was with a Southern Baptist Church where he facilitated, coached and organized aspects of their Sports Ministry program. One contact led to another whereupon he ended up in California. On the west coast, Craig worked at one of the largest churches in Southern California., then at the Ketchum-Downtown YMCA (Los Angeles), then for Lockheed as their Sports & Fitness Director/



Personal and Professional goals for the future are:

- Compete again in a National Tournament
- See his players who he has mentored/disciplined work in a local church.
- Have in-depth conversations with the conference Men's Basketball Coaches and/or Athletic Director's.
- Coach his children's Athletic Teams whenever possible.
- Do short-term Mission Trips with his family.

Store Manager. He returned to the educational environment at Simpson College in Redding where he was their Bookstore Manager/Men's Basketball Head Coach.

Craig then came to Prairie to continue his passion for sports and the opportunity to work in a church-supported program. Working at Prairie has allowed him the privilege of building on to a program that would allow him to connect relationally with his coaching and athletic director colleagues and their players. The coaching manoeuvrings and competitive rivalries particularly against the southern ACAC coaches; current and former ones are some of his coaching highlights. The interactions at the ACAC meetings and social events with the Athletic Directors have also provided many fond memories.

While at Prairie, Craig has made contributions that have been appreciated. His work has contributed in making Prairie a very respected program. His contributions have been varied, including the men's basketball coaching responsibilities, teaching responsibilities, responsibility for planning and directing the Pilots Summer Sports Camps, for organizing and implementing a college-wide intramurals program. Craig has striven to improve the game-day organization and operations for the Pilots home games, started the well-known Post-Game Pizza Times, introduced the Athletic Department Dedication and Awards Chapels, planned and led a Sports Mission Trip to Romania and hosted the first-ever Pilots Athletic Department Golf Tournament and ACAC cross-country Grand Prix races.

Another highlight for Craig occurred in 2002 when he helped start the PBI SPORT program. (One-Year Certificate & Four Year Degree Program in Sports Management). In doing so, Craig combined his desire to offer more wide-

(Continued on page 30)



AD Profile: Craig Wilsman

ranging and attractive program offerings for potential sports-oriented recruits and his passion for sports and the connection to the local church. This program continues to attract dedicated Christian youth to the Three Hills campus.

One of Craig's coaching goals was to establish the basketball program and put a competitive team on the floor each night. Despite not ever making the play-offs, Coach Wilsman's teams have been competitive. Included among the fruits of his labours, he has coached the only PBC player to receive All-Canadian status, Jeremy Odland (2002-03). He has also had eight players selected as All-Conference team members during his five years as the Men's Basketball Head Coach.

Craig has a distinctiveness to his coaching philosophy and life message that is summarized in this quote from Steve Conner's book, Sports Outreach:

Life is difficult, and that is a promise. Sport teaches us to endure the ups and downs. To stick with it to the end and to endure. It is...hope, which gives us...endurance...*Our endurance is inspired by hope in ... Jesus Christ (1 Thess 1:3)*

Coach Wilsman's commitment is to build character in the life of his athletes one life at a time, through the ups and the downs.

On a closing note, Craig cited one significant regret, namely, dealing with the CCAA International Rule that limits the numbers of foreigner-trained athletes on CCAA rosters. For colleges-universities like Prairie whose mission is to reach out to international students and to make an impact worldwide, this compromised their institutional mission when it came to reaching out to potential student athletes.

Craig regrets that Prairie Bible College will withdraw from the ACAC effective this spring. He wishes all his ACAC colleagues the very best we continue, along separate paths, to provide exemplary athlete opportunities within the realm of post-secondary education. For now, adieu!



ACAC Subway Athlete of the Week Awards 2004

Date	Female	Male
Week of Sep 6-12	Liz Kutos (SAIT)	Jimmy Tenga (MHC)
Week of Sep 13-19	Elayne Saliba (MRC)	Axel Chinyanta (LCC)
Week of Sep 20-26	Chalsey Dulle (MHC)	Chris Tilleman (MRC)
Week of Sep 27-Oct 3 (SAIT)	Kim Valleau (MRC)	Christopher Douglas
Week of Oct 4-11	Amanda Small (RDC)	Tahlon Sweenie (LCC)
Week of Oct 12-17	Pam Reinke (AUC)	Joal Williams (MRC)
Week of Oct 18-24	Natasha Bauer (RDC)	Jesse Bennefield (MRC)
Week of Oct 25-31	Holly Ratzlaff (SAIT)	Carl Skinstad (AUC)
Week of Nov 1-7	Erin Kerschbaumer (NAIT)	TJ Babey (SAIT)
Week of Nov 8-14	Holly Ratzlaff (SAIT)	Kyle Reynolds (GPRC)
	Callie Stothert (MRC)	Chris Kooy (MRC)
Week of Nov 15-21	Nichole Fessler (NAIT)	Shane Leman (NAIT)
Week of Nov 22-28	Michelle Glendining (SAIT)	Beau Pocza (MHC)
Week of Nov 29-Dec 5	Oriana Pysyk (TKUC)	Mark Dorado (NAIT)

(Continued on page 34)





COACH OF THE YEAR AWARDS

Badminton

Jordan Richey
(NAIT)

Men's Basketball

North Division

Darrell Cleave
(MacEwan)

South Division

Craig Behan
(RDC)

Women's Basketball

North Division

Scott Edwards
(CUCA)

South Division

Brad Karren
(LCC)

Cross Country Running

Bill Corcoran & Rick Scott
(GPRC)

Curling

Russ Purdy
(MacEwan)

Men's Hockey

Terry Ballard
(NAIT)

Women's Hockey

Scott Rivett
(SAIT)

Men's Soccer

Dave Morrow
(MRC)

Women's Soccer

Armand Cheret
(MHC)

Swimming

Linda Marshall
(MacEwan)

Men's Volleyball

Clint McCullough
(Lakeland)

Women's Volleyball

Trever Turner
(NAIT)



ACAC 2004-05 ALL-CONFERENCE BASKETBALL TEAMS

MEN'S BASKETBALL

1ST TEAM NORTH:

Daryl Balog (CUCA)
Jeff Landers (LC)
Keith Miller (CUCA)
Mike Page (LC)
Robbie Valpreda (MacEwan)

1ST TEAM SOUTH:

Matthew Anderson (LCC)
Brady Byam (LCC)
Ainaras Kazlauskas (RDC)
James McLeod (SAIT)
Jordan Sulkers (MRC)

2ND TEAM NORTH:

Bruce Carbert (AUC)
Jordan Cossette (LC)
Mark Dorado (NAIT)
Sam Gaugler (TKUC)
Alexander Steele (MacEwan)

2ND TEAM SOUTH:

Anthony Dornbusch (PBC)
Trevor Nerdahl (BC)
Jeremy Odland (MRC)
Liav Peled (SAIT)
Jon Thiessen (BC)

WOMEN'S BASKETBALL

1ST TEAM NORTH:

Nichole Fessler (NAIT)
Paige Gaudreau (AUC)
Janet Hatfield (MacEwan)
Pamela Reinke (AUC)
Amber Smart (CUCA)

1ST TEAM SOUTH:

Elana Arnold (LCC)
Mickey Folsom (LCC)
Whitney Jekabson (SAIT)
Erin Jopp (MRC)
Michelle Willson (RDC)

2ND TEAM NORTH:

Rebecca Beauchamp (GPRC)
Melissa Duinker (GPRC)
Katherine Keys (LC)
Ashley Nealon (CUCA)
Ashlee-Ann Pigford (MacEwan)

2ND TEAM SOUTH:

Beth Anderson (LCC)
Janene Hooper (MHC)
Kim May (PBC)
Brittany Paterson (MRC)
Jill White (MHC)



ACAC 2004-05 ALL-CONFERENCE HOCKEY TEAM

MEN'S HOCKEY

TEAM #1

Goal Keeper
Tim Barlow (NAIT)
Defense
Cole Fischer (NAIT)
Colin Johnson (NAIT)
Forward
Jesse Bennefield (MRC)
Adam Ferrante (NAIT)
Centre
Ben Stokes (NAIT)

TEAM #2

Goal Keeper
Chad Davidson (SAIT)
Defense
David Mills (MRC)
Ryan Waldner (MacEwan)
Forward
Cam Doull (SAIT)
Jeremy Robinson (MRC)
Centre
Jordan Campbell (SAIT)

WOMEN'S HOCKEY

TEAM #1

Goal Keeper
Natalie Gerstmar (MRC)
Defense
Dawn Bittorf (SAIT)
Hedi Syme (MRC)
Forward
Natasha Bauer (RDC)
Kelsey MacMillan (NAIT)
Centre
Miranda Miller (NAIT)

TEAM #2

Goal Keeper
Danielle Bles (MacEwan)
Defense
Sheriesse Erickson (RDC)
Kathleen Keen (RDC)
Forward
Kelsey Pew (MRC)
Amanda Small (RDC)
Centre
Laura Lebrun (MRC)

**ALL-CONFERENCE
BADMINTON TEAM**

WOMEN

Zarina Bhambhani (CUCA)
Tiffany Chan (CUCA)
Torri LaRocque (NAIT)
Kristy Lachapelle (MRC)
Helen Nichol (MRC)
Samantha Ralph (MRC)

MEN

Dallas Hand (RDC)
Brody Hilland (MRC)
Jeremy Hilland (MRC)
Craig MacAlpine (CUCA)
Justin Mullaly (MRC)
Jonathan Vandervet (CUCA)

**ALL-CONFERENCE
CURLING TEAM**

Men's Rink:

SKIP Michael Coolidge (SAIT)
THIRD Joel Falkenberg (SAIT)
SECOND Colin Jenkyns (MacEwan)
LEAD Luke Coley (MacEwan)

Women's Rink:

SKIP Jodi Marthaller (LCC)
THIRD Jessica Mair (MacEwan)
SECOND Sarah Domes (NAIT)
LEAD Marie Grabowski (NAIT)

Mixed Rink:

SKIP Sheldon Kitt (Lakeland)
THIRD Leanne Ripley (MacEwan)
SECOND Lance Palamaruk (MacEwan)
LEAD Nicole Kaufman (MacEwan)

ACAC 2004-05 ALL-CONFERENCE VOLLEYBALL TEAM

MEN'S VOLLEYBALL

First Team

Michael Bennett (SAIT)
Rob deJong (TKUC)
Steve Gotch (MRC)
Blake Henwood (RDC)
Joey Martins (RDC)
Garett Richardson (GPRC)
Adam Roth (RDC)
Tony Zylstra (NAIT)

Second Team

Ivan Abraham (PC)
Andrew Beliveau (MRC)
Clark Booth (MacEwan)
Tim Gourlay (RDC)
Basil Kelly (MRC)
Mark Lindemulder (TKUC)
Mike Melenburg (TKUC)
Jason Stuka (TKUC)

WOMEN'S VOLLEYBALL

First Team

Erin Henning (GPRC)
Tasha Holness (MRC)
Jessiya Kamps (SAIT)
Erin Kerschbaumer (NAIT)
Melissa Laluk (RDC)
Carolyn Macdonald (MacEwan)
Jillian Shudra (RDC)
Kerri Wickenheiser (LCC)

Second Team

Kaylan Berg (MacEwan)
Colleen Luchka (NAIT)
Ashley Melnyk (GPRC)
Janine Merkl (GPRC)
Lindsey Saunders (MacEwan)
Teresa Sims (TKUC)
Stacey Toews (MHC)
Samantha Wojtkiw (MacEwan)

**ALL-CONFERENCE
SWIM TEAM**

WOMEN

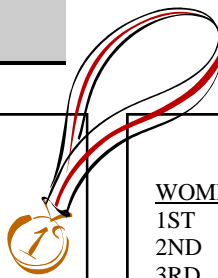
Nicole Bradfield (NAIT)
Katie Dutove (GPRC)
Cari Harr (MacEwan)
Michelle Jensen (MacEwan)
Jenna McLean (MacEwan)
Ceilidh Osland (CUCA)

MEN

Dion Conway-Moller (CUCA)
Ryan McRitchie (MacEwan)
Francois Coetzer (GPRC)
Jeremy Irla (KC)
Francois Coetzer (GPRC)
Wihan Van Heerde (KC)



ACAC 2004-05 MEDALLISTS



BASKETBALL (WOMEN)

1ST	CUCA
2ND	MacEwan
3RD	LCC

BASKETBALL (MEN)

1ST	MacEwan
2ND	LC
3RD	CUCA

CURLING

WOMEN

1ST	MacEwan
2ND	NAIT
3RD	LCC

MEN

1ST	MacEwan
2ND	GPRC
3RD	NAIT

MIXED

1ST	MacEwan
2ND	Lakeland
3RD	NAIT

HOCKEY (WOMEN)

1ST	MRC
2ND	SAIT
3RD	RDC

HOCKEY (MEN)

1ST	SAIT
2ND	MacEwan
3RD	NAIT

SOCCER (WOMEN)

1ST	MRC
2ND	MacEwan
3RD	CUCA

SOCCER (MEN)

1ST	MRC
2ND	CUCA
3RD	MacEwan

SWIMMING

COMBINED

1ST	MacEwan
2ND	GPRC
3RD	CUCA

FEMALE

1ST	MacEwan
2ND	CUCA
3RD	GPRC

MALE

1ST	MacEwan
2ND	KC
3RD	GPRC

VOLLEYBALL (WOMEN)

1ST	GPRC
2ND	RDC
3RD	MacEwan

VOLLEYBALL (MEN)

1ST	RDC
2ND	MacEwan
3RD	TKUC

CROSS COUNTRY RUNNING

WOMEN'S TEAM

1ST	GPRC
2ND	LCC
3RD	SAIT

MEN'S TEAM

1ST	LCC
2ND	AUC
3RD	GPRC

WOMEN'S INDIVIDUAL

1ST	SAIT
2ND	KC
3RD	GPRC

MEN'S INDIVIDUAL

1ST	AUC
2ND	LCC
3RD	GPRC

BADMINTON

1ST	MRC
2ND	CUCA
3RD	MacEwan



GOLF

WOMEN'S TEAM

1ST	MRC
2ND	U of C

MEN'S TEAM

1ST	U of C
2ND	MRC
3RD	CUCA

WOMEN'S INDIVIDUAL

1ST	MRC
2ND	MRC
3RD	MRC

MEN'S INDIVIDUAL

1ST	LCC
2ND	U of C
3RD	U of C



2004-05 CCAA ACADEMIC ALL-CANADIANS



A student-athlete must achieve 80% or an academic honours standing, as defined by their individual institution, and have been named to a conference All-Conference Team in a CCAA Sport to qualify as an Academic All-Canadian.

Augustana Faculty, University of Alberta

Pamela Reinke, Basketball
Paige Gaudreau, Basketball
Bruce Carbert, Basketball

Grande Prairie Regional College

Rebecca Beauchamp, Basketball
Janine Merkl, Volleyball

Grant MacEwan College

Samantha Wojtkiw, Volleyball

Lakeland College

Jordan Cossette, Basketball

Lethbridge Community College

Elizabeth Anderson, Basketball
Mickey Folsom, Basketball
Matt Anderson, Basketball

Medicine Hat College

Janene Hooper, Basketball

Mount Royal College

Erin Jopp, Basketball

Northern Alberta Institute of Technology

Torri LaRocque, Badminton
Mark Dorado, Basketball
Nichole Fessler, Basketball
Erin Kerschbaumer, Volleyball



ACAC Subway Athlete of the Week Awards 2005

(Continued from page 30)

Date	Female	Male
Week of Jan 3-9	Whitney Jakobson (SAIT)	Trevor Nerdahl (BC)
Week of Jan 10-16	Juliet Grove (KC)	Jeremy Robinson (MRC)
Week of Jan 17-23	Amy Young (RDC)	Mike Page (Lakeland)
Week of Jan 24-30	Amber Smart (CUCA)	Tim Barlow (NAIT)
Week of Jan 31-Feb 6	Rachael Scheider (PBC)	Mike Page (Lakeland)
Week of Feb 7-13	Samantha Ralph (MRC)	Jeff Lander (Lakeland)
Week of Feb 14-20	Whitney Jakobson (SAIT)	Shane Leman (NAIT)
Week of Feb 21-27	Katherine Davis-Pajor (GPRC)	Matthew Harris (RDC)
Week of Feb 28-Mar 6	Helen Nichol (MRC)	Brody Hilland (MRC)
	Ashley Nealon (CUCA)	
Week of Mar 7-13	Jillian Shudra (RDC)	Joey Martins (RDC)
Week of Mar 14-20	Amber Smart (CUCA)	Robbie Valpreda (MacEwan)
Week of Mar 21-27	Chad Davidson (SAIT)	





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